

# Love Is Life

拍数: 48      墙数: 2      级数: Phrased Improver  
编舞者: Brian Jonassen (DK) - January 2016  
音乐: Love Is - Rod Stewart



Intro 32 counts - Dance sequence : AAA-BB-AAA-BBB-AAA-BB BB

## A section : 32 counts

### A1: Side, behind right, vaudeville, side behind left, vaudeville

1-2            Step right foot to right side, step left foot behind right  
&3&4        Step right foot to right, heel touch left foot, step left together, cross right foot over left  
5-6           Step left foot to left side, step right foot behind left  
&7&8        Step left foot to left, heel touch right foot, step right together, cross left foot over right

### A2: Side rock right, cross shuffle to left, stepturn ¼ right, forward shuffle

1- 2           Step right foot to right side, recover to left foot  
3&4        Cross right over left, step left to left side, cross right over left  
5-6        Step left foot to side turning ¼ right  
7&8        Step left foot forward, step right foot together, step left foot forward

### A3: Right point diagonal, cross touch, right heel touch, together, left touch

1-2           Point right toe diagonal, touch right toe in front of left  
3&4        Point right heel diagonal, step together, touch left toe  
5-6        Point left toe diagonal, touch left toe in front of right  
7&8        Point left heel diagonal, step together, touch right toe

### A4: Back rock, stepturn ½ to left, kickball change, paddle turn ¼ over left

1-2           Rock back on right, recover to left  
3-4        Step right foot forward, turn ½ over left (weight on left foot)  
5&6        Kick right forward, step right foot beside left foot, shift weight to left foot  
7-8        Step right foot forward, paddle turn ¼ over left.

## B section : 16 counts

### B1: Heel switches, right and left

1&2           Point right heel diagonal, step right foot together, point left toe in place  
3&4        Point left heel diagonal, step left foot together, point right toe in place  
5&6        Point right heel diagonal, step right foot together, point left toe in place  
7&8        Point left heel diagonal, step left foot together, point right toe in place

### B2: Forward shuffle, step turn ½, heel hook, forward shuffle

1&2           Step right foot forward, step left beside, step right foot forward  
3-4        Step left foot forward, turn ½ to right  
5-6        Point left heel diagonal, hook heel across right  
7&8        Step left foot forward, step right foot beside, step left foot forward

One more time my good friends !

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