Hey, Hey, All Right (GONNA)



编舞者: Candee Seger (USA) - January 2016

音乐: Gonna - Blake Shelton: (Album: Bringing Back The Sunshine)



#32 count intro:

S1. Triple forward, rock, recover, step, coaster, kick-ball-change

1&2 Step R forward, L next to R, R forward

3&4 Rock L forward, Recover onto R, step L next to R

5&6 Step R back, L next to R, step R forward

7&8 Kick L forward, step on L next R, step R next to L (12:00)

S2. Skate L,R, triple L, cross rock (2x)

1,2 Skate L to L, skate R to R

3&4 Step L to L, step R next to L, step L to L

5&6 Cross rock R over L, recover onto L, step R to R

*Styling Option: lift knee higher on first verse

7&8 Cross rock L over R, recover onto R, step L next to R (12:00)

*Restart here on 2nd wall

S3. Hip bump turn, 1/2 turn, side rock cross, step, walk 2x

Step on RF forward and push R hip forward, push L hip back, push R hip forward 3&4

Turn ½ L, pushing L hip forward, push R hip back, push L hip forward (6:00)

Rock R to R, recover on L, cross R over L, step L slightly diagonally forward

7,8 Walk forward R, L (6:00)

•Put hands up with hip bumps ("Hey, hey, all right") for styling□□□

S4. V step, full reverse paddle turn

1,2 Step R forward to R diagonal, step L to L3,4 Step R to center home, step L next to R (6:00)

(Keeping weight on L)

Turn ¼ R pushing R shoulder back, Touch R to R (9:00)
Turn ¼ R pushing R shoulder back, Touch R to R (12:00)
Turn ¼ R pushing R shoulder back, Touch R to R (3:00)
Turn ¼ R pushing R shoulder back, Touch R to R (6:00)

At the end of the song, paddle 1/2 turn, rather than a full turn to end at the front (12:00)

Entry in the 2016 www.ftwaynedanceforall.com Choreography

^{*}Restart is on 2nd wall after 16 counts (facing 12:00 o'clock)