

Irish Boogie

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Pat Newell (USA) - January 2016
音乐: The Leaving of Liverpool - Shamrock



Senior Dancing Series

Learning: K Steps, kick ball touch, triple steps, coaster step

Intro: 8 in - Hints: Hands on hips, strike a jaunty attitude and keep steps small

K STEP

1-4 Step forward on R, touch L next to R, step back on L, touch R next to L
5-8 Step back on R, touch L next to R, step forward on R, touch R next to L

KICK BALL TOUCHES, RIGHT, LEFT, RIGHT, LEFT

1&2, 3&4 Kick R, step on R, touch L beside, kick L, step on L, touch R beside L
5&6, 7&8 Kick R, step on R, touch L beside, kick L, step on L, touch R beside L

RIGHT VINE TO A TRIPLE, LEFT VINE TRIPLE TO A ¼ TURN LEFT

1-2 3&4 Step R to R, L behind R, triple RLR
5-6 7&8 Step L to L, R behind L, triple while turning ¼ left

WALK, WALK TRIPLE, ROCK RECOVER COASTER

1-2 3&4 Step R, L, triple in place RLR
5-6 7&8 Rock forward on L, recover on R, step back on L, step R together, step forward L

DANCE FOR THE HEALTH OF IT
