

Sunglasses (太陽眼鏡) (zh)

COPPER KNOB
BY STEPHEN BRETZ

拍数: 64 墙数: 2 级数: Intermediate/Advanced
编舞者: Tajali Hall (CAN) - 2009年10月
音乐: Sunglasses - Divine Brown



前奏: Start dance 32 counts in 32拍後起跳

第一段 Tap, Tap, Press, Drag, Step, Repeat 點點壓拖踏(重覆)

- 1&2 Tap left toe out twice (slightly further towards left diagonal each time), press 左足趾左點二次(略向左斜前), 左足壓
- 3-4 Drag left toe in and step left next to right
左足趾拖併, 左足併踏
- 5&6 Tap right toe out twice (slightly further towards right diagonal each time), press 右足趾右點二次(略向右斜前), 右足壓
- 7-8 Drag right toe in and step right next to left (12:00)
右足趾拖併, 右足併踏

第二段 Walks Forward, Shuffle Forward, Rock Recover Touch Behind, 1/2 Turn 前走步, 前交換, 下沉回復 後點 轉

- 1-3 Walk left, right, left 前走步-左, 右, 左
- 4&5 Shuffle forward right, left, right 前交換-右, 左, 右
- 6&7 Rock forward on left, recover on right, touch left toe behind right foot 左足前下沉, 右足回復, 左足趾於右足後點
- 8 1/2 turn left, putting weight on left foot (6:00)
左轉180度重心在左足(面向6點鐘)

第三段 Cross Rock, Side Shuffle, Syncopated Cross Rocks Left & Right, Step Left Beside Right 交叉下沉, 側交換, 變奏交叉下沉-左, 右, 左併踏

- 1-2 Cross rock right over left 右足於左足前交叉下沉, 左足回復
- 3&4 Side shuffle right, left, right 右交換-右, 左, 右
- 5&6 Cross rock left over right, recover onto right, step to left
左足於右足前交叉下沉, 右足回復, 左足踏
- &7& Cross rock right over left, recover onto left, step to right
右足於左足前交叉下沉, 左足回復, 右足踏
- 8 Step left beside right (6:00) 左足併踏
- Easy:
簡易版 Instead of doing counts 5-8 (the syncopated cross rocks left and right), repeat counts 1-4 to the opposite side (cross rock left over right with a side shuffle left, right, left)
5-8可以不同腳重覆前4拍再跳一次:左交叉下沉回復, 左交換

第四段 Syncopate Forward, Back, Forward, Forward, Run Back, Left Coaster 變奏前, 後, 前, 前, 後跑, 左海岸

- &1 Small step right forward, step left together 右足略前踏, 左足併踏
- &2 Small step right back, step left together 右足略後踏, 左足併踏
- &3&4 Small step right forward, step left together, small step right forward, step left together
右足略前踏, 左足併踏, 右足略前踏, 左足併踏
- Easy:
簡易版 Simply hold for counts "&4" and omit the last syncopated step forward 可以省略最後&4以兩拍跳完前踏併踏
- 5&6 Run back right, left, right 後跑-右, 左, 右
- 7&8 Step left back, close right to left, step forward left (6:00)
左足後踏, 右足併踏, 左足前踏(面向6點鐘)

RESTART: On wall 5, dance the FIRST 32 counts, but instead of a coaster step ending with weight on the left foot, do a coaster step ending with a touch on the left foot. Start dance from the beginning from 6:00.

第五面牆跳至此, 將最後海岸步改以左足點, 從頭起跳

第五段 Step, Behind & Cross Step, Left Sailor Kick, Ball Cross, 1/4 Turn
踏, 後併交叉, 左水手踢, 併交叉, 1/4

- 1-2 Step right to right side, left step behind right
右足右踏, 左足於右足後踏
- &3-4 Step right to right side, cross left over right, step right to right side 右足右踏, 左足於右足前交叉踏, 右足右踏
- 5&6 Cross left behind right, step right to right side, kick left foot to left diagonal 左足於右足後交叉踏, 右足右踏, 左足於左斜前踢
- &7-8 Step left next to right, cross right over left, turn 1/4 right stepping back on left (9:00)
左足併踏, 右足於左足前交叉踏, 右轉90度左足後踏(面向9點鐘)

ENDING: Will occur at 12:00 wall at count 40. Do the step, behind & cross step, left sailor kick, ball cross and finish with a large step to left, dragging right foot in instead of doing a 1/4 turn.

結束 : 面向12點跳至第五段, 將第8拍右轉90改成左足左一大步右足拖併結束

第六段 1/4 Turn Right & Step, Behind & Cross Step, Left Sailor Kick, Ball Cross, 1/4 Turn 右1/4, 後旁前, 左水手踢, 併交叉, 1/4

- 1-2 1/4 turn right stepping right to right side, left step behind right (12:00) 右轉90度右足右踏, 左足於右足後踏(面向12點鐘)
- &3-4 Step right to right side, cross left over right, step right to right side 右足右踏, 左足於右足前交叉踏, 右足右踏
- 5&6 Cross left behind right, step right to right side, kick left foot to left diagonal 左足於右足後交叉踏, 右足右踏, 左足左斜角前踢
- &7-8 Step left next to right, cross right over left, turn 1/4 right stepping back on left (3:00)
左足併踏, 右足於左足前交叉踏, 右轉90度左足後踏(面向3點鐘)

第七段 1/4 Turn Right, Step, Cross, Step, Drag, Ball Cross, 1/4 Turn, 1/2 Turn, Coaster Step
右1/4, 踏, 交叉, 踏, 拖, 併交叉, 1/4, 1/2, 海岸步

- 1&2 1/4 turn right stepping to right, cross left over right, big step to right side (left toe up, right heel on floor) (6:00)
右轉90度右足右踏, 左足於右足前交叉踏, 右足右一大步(左足趾抬, 右足踏著地)
- 3&4 Drag left heel in (3), and (&) cross right over left (4)
左足踵拖併, 左足踏, 右足於左足前交叉踏
- 5-6 Step forward on left with 1/4 turn left, (3:00), 1/2 turn to left stepping back on right (9:00)
左轉90度左足前踏(面向3點鐘), 左轉180度右足後踏(面向9點鐘)
- 7&8 Step left back, close right to left, step forward left
左足後踏, 右足併踏, 左足前踏

第八段 Kick & Point & Point, 1/4 Turn Touch, Coaster Step, Touch 1/2 Turn
踢併點收點, 1/4點, 海岸步, 踏轉

- 1&2&3 Kick right foot forward, bring right in and point left toe to left side, bring left in and point right toe to right side
右足前踢, 右足併踏, 左足左點, 左足併踏, 右足趾右點
- 4 1/4 turn right, (keeping right toe forward with weight on left) (12:00) 右轉90度(右足趾前點, 重心在左足)(面向12點鐘)
- 5&6 Step right back, close left to right, step forward right
右足後踏, 左足併踏, 右足前踏
- 7-8 Step forward on left, pivot 1/2 turn to right, putting weight on right (6:00) 左足前踏, 右軸轉180度重心在右足
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