

Tracks of My Tears

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Joshua Talbot (AUS) - January 2016
音乐: Tracks of My Tears - Jessica Mauboy : (Album: The Sapphires movie
soundtrack- iTunes)



[1-8] R DOROTHY, ¼ SIDE, R SAILOR, CROSS ½ TURN, BEHIND ¼ FWD

1 2&3 Step R fwd, lock L behind R, step R fwd, ¼ turn R step L to L
4&5 Step R behind L, step L to L, step R to R (turn body to face 4 o'clock on count 5)
6&7 Cross L over R, ¼ L step R back, ¼ L step L to L (turn body to face 11 o'clock on count 7)
8& ** Step R behind L, ¼ L step L fwd **

[9-17] □ ½ PIVOT, SHUFFLE FWD, ½, ¼ LUNGE, ¼ REPLACE, ¾, CROSS

1 2 3&4 Step R fwd, ½ turn L taking weight L, step R fwd, step L together, step R fwd
5 6 7 ½ R step L back, ¼ R lunge R to R, replace weight L making ¼ L
8&1 ½ L step R back, ¼ L step L to L, cross R over L

[18-25] □ TOUCH, BACK SWEEP, SAILOR ½ CROSS, SIDE, BEHIND, ¼, PIVOT ½

2 3 Touch L to L, step L back sweeping R to back
4&5 Step behind L, ¼ R step L slightly fwd, ¼ R step R over L
6 7&8 1 Step L to L, step R behind L, ¼ L step L fwd, step R fwd, ½ L take weight L

[26-32] □ ½ BACK, SIDE, CROSS SHUFFLE, SIDE, CROSS, REPLACE ¼

2 3 4&5 ½ L step R back, step L to L, cross R over L, step L to L, cross R over L
6 7 8 Step L to L, cross R over L, replace weight L as you make ¼ R to start again

Optional Turn for counts 27-30: ¼ FWD, ½ SHUFFLE, ¼ SIDE

3,4&5,6 ¼ L step L fwd, ¼ L step R to R, step L together, ¼ L step R back, ¼ L step L to L

[32] counts

Restart: Wall 3; Dance to count 8&** Then Restart wall 4 at 12o'clock.

Tag : End of wall 5 add the following 4 counts;

12 Step R fwd, touch L together with a click
34 Step L to L pushing hips L while dragging R together, touch R together

*End of wall 6 omit the final ¼ turn on count 32 and add the following 4 counts;

12 Rock R to R, replace weight L
34 Cross R over L, replace weight L as you make ¼ turn R

YouTube Video: Search on account 'Helenng27' or Facebook-'Joshua Talbot'

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