

Sorry

拍数: 96 墙数: 2 级数: Phrased Advanced
编舞者: David Ackerman (USA) - January 2016
音乐: Sorry - Justin Bieber



Count in: 16 counts from beginning of track. - Sequence: A,A,B,C,Tag,A,B,B,C,C,Ending

A1:(1-8) Walk RL, ¼ Turn Cross ¼ Turn, Back Touch, Kick-Ball-Step

1,2,3&4 Step forward R, Step forward L, ¼ Turn left stepping R to right side(9:00), Cross L over R, ¼ Turn left stepping R back (6:00)

5,6,7&8 Step back L, Touch R slightly forward, Kick R forward, Step R next to L, Step forward L

A2:(9-16) Walk RL, Samba Cross x2, Back ¼ Turn

1,2&3,4 Walk forward R, Walk forward L, Rock R to right side, Recover weight L, Cross R over L

&5,6,7,8 Rock L to left side, Recover weight R, Cross L over R, Step back R, Bring L in to turn ½ ending with weight on L(12:00)

A3:(17-24) Side, Back Touch, Side Chasse, Cross, Side, ¼ Sailor Turn

1,2,3&4 Step R to right side, Touch L behind R, Step L to left side, Step R next to L, Step L to left side

5,6,7&8 Cross R over L, Step L to left side, Step R behind L, Make ¼ turn right stepping L to left side(3:00), Step R to right side

A4:(25-32) Walk LR, Step, Pivot ¼ Cross, Triple Full Turn, Sailor Step

1,2,3&4 Step forward L, Step forward R, Step forward L, Pivot ¼ to right(6:00), Cross L over R

5&6 Make ¼ turn left stepping R back(3:00), Make ½ turn left stepping L forward(9:00), Make ¼ turn left stepping R to right (6:00)

7&8 Step L behind R, Step R to right, Step L to left

B1:(1-8) Cross, Side Together, Cross, Side Together, Cross with 2 Body Rolls

1,2&3,4& Cross R over L, Step L to left, Step R next to L, Cross L over R, Step R to right, Step L next to R Styling: This count is Zouk Infinity step styling. On the side steps only place the ball of foot and when you step together pivot the body toward the next cross keeping the hip up.

5-8 Cross R over L turning body slightly toward left and do 2 body rolls from head to hip ending with weight on left

B2:(9-16) Cross, Side, Behind, Side, Cross, Side, Hold, Rock Recover with Body Wave

1,2&3,4 Give weight to R, Step L to left bringing body back to original wall, Step R behind L, Step L to left, Cross R over L

5,6,7,8 Step L to left, Hold, Rock weight to right, Recover weight to left Styling: On Side step lead with L shoulder up to bring the rib cage over to the left. On the rock and recover lead rib cage with shoulder up following weight right then left on the recover.

B3:(17-24) Side, Behind, ¼ Turn, Walk LR, Rock Recover with Body Roll, Back LR

1,2&3,4 Step R to right, Step L behind R, Make ¼ turn right stepping forward R(3:00), Step forward L, Step forward R

5,6,7,8 Rock L forward, Recover weight R, Step back L, Step back R Styling: On the rock push hips forward and on the recover shift hips back and bend over like punched in the gut. Slowly bring body back up on the two back steps.

B4:(25-32) Coaster Step, Triple 1 ½ Turn, ¼ Turn, Touch, Knee Pop LR

1&2 Step back L, Step together R, Step L forward prepping the body by bring right shoulder back

3&4 Make ½ turn left stepping back R(9:00), Make ½ turn left stepping forward L(3:00), Make ½ turn left stepping back R(9:00)

5,6,7,8 Make ¼ turn left stepping L to left(6:00), Touch R next to left, Give weight to R while moving L knee in front of R, Give weight to L while moving R knee in front of L

C1:(1-8) Cross Samba x2, Paddle ½ Turn

1&2,3&4 Cross R over L, Rock L to left, Recover R, Cross L over R, Rock R to right, Recover L
5,6 Make a 1/8 turn left touching R to right side, Make a 1/8 turn left touching R to right side(3:00)
7,8 Make a 1/8 turn left touching R to right side, Make a 1/8 turn left touching R to right side(12:00)

C2:(9-16) Cross Samba x2, Paddle ½ Turn

1&2,3&4 Cross R over L, Rock L to left, Recover R, Cross L over R, Rock R to right, Recover L
5,6 Make a 1/8 turn left touching R to right side, Make a 1/8 turn left touching R to right side(9:00)
7,8 Make a 1/8 turn left touching R to right side, Make a 1/8 turn left touching R to right side(6:00)

C3:(17-24) Walk RLRL, Reverse Paddle ½ Turn

1,2,3,4 Step forward R, Step forward L, Step forward R, Step forward L Styling: Shimmy shoulders as you move forward
5,6 Make a 1/8 turn right touching R to right side, Make a 1/8 turn right touching R to right side(9:00)
7,8 Make a 1/8 turn right touching R to right side, Make a 1/8 turn right touching R to right side(12:00)

C4:(25-32) Kick & Rock Step x2, Step, Pivot ½, Rock Recover with Hip

1&2& Kick R forward, Step R next to L, Rock L to left side, Recover R
3&4& Kick L forward, Step L next to R, Rock R to right side, Recover L
5,6 Step R forward, Pivot ½ turn left bringing weight onto L(6:00)
7,8 Rock R forward pushing hip forward, Recover weight onto L pushing hip back

Tag: (1-8) Dramatic Walk in a ½ circle.

1,2,3,4 Step R forward at an 1/8 angle right, Hold, Step L forward at an 1/8 angle right(9:00), Hold
5,6,7,8 Step R forward at an 1/8 angle right, Hold, Step L forward at an 1/8 angle right(12:00), Hold

Ending: Dramatic Walk off.

1-16 Using step hold starting with R dramatically walk off the floor

Contact: daveackerman2@gmail.com
