

Shuttin' It Down

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Phrased Improver
编舞者: Rob Holley (USA) - January 2016
音乐: Shuttin' It Down - Cole Swindell : (Album: Down Home Sessions II - EP - iTunes)



Intro: 16 counts -- Pattern: A-A-B-B-A-B, 8-ct tag*, A-A-B-B-A-A-A-B-B-A-B-A

Section A: 16 counts

A [1-8] HEEL PUMP X2, COASTER, ½ PIVOT, FULL TRIPLE TURN

1-2 Touch R heel next to L, touch R heel next to L
3&4 Step R back, step L back, step R forward
5-6 Step L forward, turn ½ R weight on R
7&8 Turn ½ R stepping back L, turn ½ R stepping forward R, step forward L

A [9-16] WIZARD STEP, ROCK, RECOVER, WALK BACK X2, BACK SLIDE, TOUCH

1-2& Step forward R, step L behind R, step forward R
3-4 Rock forward L, recover weight on R
5-6 Step back L, step back R
7-8 Slide step back L, touch R next to L

Section B: 16 counts

B [1-8] LINDY RIGHT, LINDY LEFT

1&2 Side step R, step L next to R, side step R
3-4 Rock L behind R, recover weight on R
5&6 Side step L, step R next to L, side step L
7-8 Rock R behind L, recover weight on L

B [9-16] STOMP, HOLD, STOMP, HOLD, 1/8 HIP ROLLS X2

1-4 Stomp R forward, hold, stomp L forward, hold
5-8 Step R forward and hip roll CCW making 1/8 turn taking weight on L, repeat for (7-8)

*TAG: After the 3rd B section while facing 9:00 wall

1-4 Touch R heel forward 2X, touch R toe back 2X
5-6 Touch R heel forward, touch R toe back
7-8 Step forward R, turn ¼ L weight on L

*** While a 2 wall dance, you will end up on a 3rd wall once on the final 16 count section of the dance

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Last Update – 10th April 2016