# Ora e Sempre



拍数: 32 墙数: 4 级数: Beginner

编舞者: Gabriella Castorina (IT) - December 2015 音乐: Ora e sempre by Orchestra Luana & Daniela



#### Start after 8 counts

## [1-8] R Grapevine. Touch. L Chasse. R Back Mambo Step.

1-2 Step RF to right side. Step LF behind RF.3-4 Step RF to right side. Touch LF next to RF.

5&6 Step LF to left side. Step RF beside to LF. Step LF to left side.

7&8 Step RF back. Recover to LF. Close RF to LF.

## [9-16] Three Forward Walks. Close. L Back Chasse. R Back Chasse.

1-4 Walk LF forward. Walk RF forward. Walk LF forward. Close RF to LF.

5&6 Step LF back. Step RF beside LF. Step LF back.7&8 Step RF back. Step LF beside RF. Step RF back.

### [17-24] Side Step. 1/4 left Turn. Touch. Side Step. Touch. L Chasse. R Back Mambo Step.

1-2 Step LF to left side. ¼ turn left and touch RF to LF.

3-4 Step RF to right side. Touch LF to RF.

5&6 Step LF to left side. Step RF beside LF. Step LF to side.

7&8 Step RF back. Recover to LF. Close RF to LF.

#### [25-32] L Mambo Step. R Mambo Step. ½ Pivot. ½ Pivot. Touch.

Step LF to left side. Recover to RF. Close LF to RF.
Step RF to right side. Recover to LF. Close RF to LF.
Step LF Forward. Turn ½ left and Step RF forward.
Step LF Forward. Turn ½ left and Touch RF next to LF.

#### Start Again - Have Fun!

Contact ~ E-mail: castorina.gabriella2@libero.it