

One Day Baby

COPPER KNOB
STEP SHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Donna Manning (USA) - January 2016
音乐: One Day - Zac Brown Band



(Starts facing 12:00 – happens facing 6:00) Restart on wall 9 after 12 counts

Sec. 1 (1-9) □ Side, Back Rock, Recover, Side Triple, ¼ Turn, ¼ Turn, Sailor

1,2,3,4&5 L to L side, R back rock (open R hip), recover to L, R to R side, L to R, R to R side
6,7,8&1 On the ball of the R ¼ turn L step L to L side, on ball of L ¼ turn L step R to R side, Step L behind R, R to R side, step L to L side

Sec. 2 (10-18) □ Cross, side, Behind-Side-Cross, Side Mambo W/ Cross, Back Triple W/ Ronde

2,3,4&5 Cross R over L, L to L side, R behind L, L to L side, cross R over L

RESTART – wall 9 starts facing 12:00 - dance through count 4 - it's sneaky but needs to be there.....

6&7 Push off ball of L to L side, recover to R, cross L over R
8&1 Step R back, bring L to R, step R back as you sweep L from front to back

Sec. 3 (19-26) □ Back Triple W/ Ronde, Coaster, Walk 2X, Rock, Recover ¼ Turn

2&3, 4&5 Step L back, bring R to L, step L back as you sweep R from front to back, step R back, bring L next to R, step R fwd

6,7 Walk L-R

8&1 Rock L fwd, ¼ R as you recover to R, Cross L over R

Sec. 4 (27-32&) Step Back Touch, Triple, Step, Touch, Side-Together(beginning of Side Triple to start dance)

2,3,4&5 Step R back on the diagonal, touch L next to R, step L back on the diagonal, bring R heel to L toe, step L back to diagonal

6,7,8& Step R back on the diagonal, touch L next to R, step L to L SIDE, close R to L.....count 1 is beginning

Thanks for sharing and HAVE FUN!

Please do not alter this step sheet in any way.

If you would like to use on your website please make sure it is in its original format and include all contact details on this script.

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