

Gong Xi Gong Xi Gong Xi Ni

拍数: 72 墙数: 1 级数: Phrased Intermediate
编舞者: Belle Lee (MY) - January 2016
音乐: Gong Xi Gong Xi Gong Xi Ni by M-Girls



Sequence: Tag, A, B, A, B, Tag, A, B, A, B, Ending

Note: For the hand movements described below, please kindly watch on YouTube to get the correct interpretation. As this is a New Year song, thus the hand movements are all about "Gong Xi Gong Xi" which means greeting each other prosperity and longevity. Wishing everyone a happy and blessed ☐2016!!!

Tag (16 counts)

#1:☐(R Side Mambo Touch) X2, R-L Out, R In, L Touch

1&2 Rock RF to R side, recover weight on LF, touch R toes beside LF
3&4 Rock RF to R side, recover weight on LF, touch R toes beside LF
5-8 Step RF to forward diagonal, step LF to forward diagonal, step RF in, touch L toes beside RF

#2:☐(L Side Mambo Touch) X2, L-R Out & In

1&2 Rock LF to L side, recover weight on RF, touch L toes beside RF
3&4 Rock LF to L side, recover weight on RF, touch L toes beside RF
5-8 Step LF to forward diagonal, step RF to forward diagonal, step LF in, step RF in (RF is slightly apart from LF)

Hand styling: For the above steps, make a "Gong Xi" indication – L fist covered by R hand on top as though you are greeting somebody.

Part A (36 counts)

#A1:☐Hand Drumming, Stretch Upwards, Hold

1-4 Feet are apart: Drum both hands from L to R for 4 counts
5-6 Drum both hands in the air for 2 counts
7-8 Stretch both hands upwards, hold for 1 count

#A2:☐Hand Drumming, Stretch Upwards, Hold

1-4 Feet are apart: Drum both hands from L to R for 4 counts
5-6 Drum both hands in the air for 2 counts
7-8 Stretch both hands upwards, hold for 1 count

#A3:☐L-R Hand Drumming, R-L Walk Forward, R-L-R Forward Run

1&2 Drum both hands on the L side
3&4 Drum both hands on the R side
5-6 Walk forward on RF and LF
7&8 Run forward on RF, LF, RF

Hand styling for counts 5-8: Make a "Gong Xi" indication when travelling forward.

#A4:☐L-R Hand Drumming, R-L Walk Backward

1&2 Drum both hands on the L side
3&4 Drum both hands on the R side
5-8 Walk back on RF, LF, RF, LF

Hand styling for counts 5-8: Make a "Gong Xi" indication when travelling backward.

#A5:☐R Cross, L Cross, R Back, L Back

1-4 Step RF forward slightly crossing over LF, cross LF over RF (travelling forward), step ☐RF back, step LF back (slightly beside RF)

Hand styling: Make a "Gong Xi" indication when doing this step.

Part B (36 counts)

#B1: □ R-L Forward Lock Step

- 1-2 Step RF to forward diagonal, lock LF behind RF
3&4 Step RF to forward diagonal, lock LF behind RF, step RF to forward diagonal
5-6 Step LF to forward diagonal, lock RF behind LF
7&8 Step LF to forward diagonal, lock RF behind LF, step LF to forward diagonal

Hand styling: Spread both hands in the air.

#B2: □ R Side, L Together, R Side Chasse, L Side, R Together, L Side Chasse

- 1-2 Step RF to R side, close LF together with RF
3&4 Step RF to R side, close LF together with RF, step RF to R side
5-6 Step LF to L side, close RF together with LF
7&8 Step LF to L side, close RF together with LF, step LF to L side

Hand styling: Spread both hands to the sides.

#B3: □ R-L Side Touch, R-L Forward Touch, R-L Run Back

- 1&2 Step RF to R side, touch L toes behind RF
3&4 Step LF to L side, touch R toes behind LF

Hand styling: Drum both hands on R and L sides for counts 1-4.

- 5&6& Step RF forward, touch L toes beside RF, step LF forward, touch R toes beside LF
7&8& Step back on RF, LF, RF, LF

Hand styling: Make a "Gong Xi" indication.

#B4: □ R-L Side Touch, R-L Out & In

- 1&2 Step RF to R side, touch L toes behind RF
3&4 Step LF to L side, touch R toes behind LF

Hand styling: Drum both hands on R and L sides for counts 1-4.

- 5-8 Step RF to forward diagonal, step LF to forward diagonal, step RF in, step LF in

Hand styling: Make a "Gong Xi" indication.

#B5: □ R-L Walking In A Full Circle

- 1-4 Walk around in a full circle (clockwise direction) starting with RF, LF, RF, LF

Hand styling: L hand raises in the air, spread R hand parallel to the waist level.

Ending (12 counts)

- 1-4 Step RF to R side, close LF together with RF, step RF to R side, touch L toes beside RF
5-8 Step LF to L side, close RF together with LF, step LF to L side, touch R toes beside LF
1-4 Step RF to R side, close LF together with RF, step RF to R side, touch L toes beside RF
(End the pose with a 'Gong Xi' indication)

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