

Shootin' Star (流星) (zh)

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate/Advanced
编舞者: Jordan Lloyd (UK) - 2009年10月
音乐: Shooting Star (Remix) (feat. LMFAO, Pitbull & Kevin Rudolf) - David Rush



- 第一段** **Step, Hitch, Ball Step, Hitch, Ball Step, Touch, ¼ Turn Left, Step.**
踏抬併, 踏抬併, 踏點, 1/4, 踏
- 1,2& Step forward on right, hitch right leg up, step right next to left.
右足前踏, 右足抬, 右足併踏
- 3,4& Step forward on left, hitch left leg up, step left next to right
左足前踏, 左足抬, 左足併踏
- 5,6 Step forward on right, touch left next to right
右足前踏, 左足併點
- 7,8 Turn ¼ turn left leaving weight on right, step forward left
左轉90度重心在右足, 左足前踏
- 第二段** **Step Together, Knee Pops, Shuffle Back, Left Side Chasse, Touch Bump & Bump.** 併, 彈膝, 後交換, 左追步, 點推臀 併推臀
- 1&2 Step right next to left, pop both knees out, pop both knees in
右足併踏, 雙膝彈向前, 雙膝回復
- 3&4 Step back on right, step left next to right, step back on right
右足後踏, 左足併踏, 右足後踏
- 5&6 Step left to left side, step right next to left, step left to left side 左足左踏, 右足併踏, 左足左踏
- 7&8 Touch right slightly to the right as you bump your hips right, left, right 右足略右點推臀-右, 左, 右
(As you do the last bump put weight down onto right)
最後重心在右足
- 第三段** **Touch Bump & Bump, Touch Behind, Kick & Touch, Walk Forward, Step Out.**
點推臀, 後點, 踢併點, 前走, 外
- 1&2 Touch left slightly to left as you bump your hips left, right, left
左足略左點推臀-左, 右, 左
- 3 Touch right behind left 右足後點
- 4&5 Kick right to right diagonal, step down on right, touch left next to right 右足右斜角踢, 右足踏, 左足併點
- 6,7 Step forward on left, step forward on right
左足前踏, 右足前踏
- 8 Step left out to left side 左足左踏
- 第四段** **Split Right, Split Left, Step Back, ¼ Turn Right, Coaster Step.**
右滑踏, 左滑踏, 後, 1/4, 海岸步
- 1,2 Split right heel out to right, bring right heel back in
右足踵向右滑, 右足踵踏
- 3,4 Split left heel out to left, bring left heel back in
左足踵向左滑, 左足踵踏
- 5,6 Step back on left, make a ¼ turn right stepping right to right side
左足後踏, 右轉90度右足右踏
- 7&8 Step back on left, step right next to left, step forward on left
左足後踏, 右足併踏, 左足前踏
- RESTARTS:** on wall 1 and 4 - Dance up to and including count 32 and then begin the dance again.
第一面牆及第四面牆跳到此, 從頭起跳
- 第五段** **Cross, Side Together, Rock Recover, Walk Back, Coaster Step**
交叉, 側併, 下沉回復, 後走, 海岸步

- 1&2 Cross right over left, step left to left side, step right next to left 右足於左足前交叉踏, 左足左踏, 右足併踏
 3,4 Rock forward on left, recover back onto right
 左足前下沉, 右足回復
 5,6 Walk back on left, walk back on right
 左足後走, 右足後走
 7&8 Step back on left, step right next to left, step forward on left
 左足後踏, 右足併踏, 左足前踏

**第六段 Hold, Ball Step, Sailor ½ Turn Right, Touch Slide, Step Out Out
 候, 併踏, 1/2轉水手, 點滑, 外外**

- 1&2 Hold, step right next to left, step forward on left
 候, 右足併踏, 左足前踏
 3&4 Cross right behind left making ¼ turn left, step left to left making ¼ turn right, step right to right side
 左轉90度右足於左足後交叉踏, 右轉90度左足左踏, 右足右踏
 5,6 Touch left next to right, slide right back as you put left heel down
 左足併點, 右足滑向後左足踵踏
 7,8 Step right to right side, Step left to left side
 右足右踏, 左足左踏

第七段 Hold, Ball Step Side, Hitch, Ball Touch, Walk Back, Shuffle ½ Turn Left. 候, 併側踏, 抬, 無點, 後走, 轉交換

- 1&2 Hold, Step right next to left, step left to left side
 候, 右足併踏, 左足左踏
 3&4 Hitch right leg up, step right next to left, touch left forward
 右足抬, 右足併踏, 左足前點
 (angling your body towards right diagonal) 身體弓向右斜角
 5,6 Walk back on left, walk back on right
 左足後走, 右足後走
 (Straightening your body back to the 6 o'clock wall)
 身體轉正後走到6點鐘的牆
 7&8 Step forward on left making ½ turn left, step right next to left step forward left 左轉180度左足前踏, 右足併踏,
 左足前踏

**第八段 Step ½ Turn Step, Kick & Touch, Step Out Out, Swivel Toes, Heels, Toes.
 踏轉踏, 踢併點, 外外, 旋轉-趾, 踵, 趾**

- 1&2 Step forward right, pivot ½ turn left, step right forward
 右足前踏, 左軸轉180度, 右足前踏
 3&4 Kick left forward, step down onto left, touch right next to left
 左足前踢, 左足踏, 右足併點
 5,6 Step right out to right, step left out to left
 右足右踏, 左足左踏
 7&8 Swivel both toes in, swivel both heels in, swivel both toes in
 雙足趾向內轉, 雙足踵向內轉, 雙足趾向內轉
 (Bringing feet together as you do this) 將雙腳併攏

TAG: happens on the END of wall 5 - After the tag dance the dance as normal until the end. 加拍:第五面牆結束時加拍, 之後都沒有加拍減拍, 跳到結束

- &1 Step back on right, touch left forward
 右足後踏, 左足前點
 &2 Step back on left, touch right forward
 左足後踏, 右足前點
 &3 Step right next to left, touch left to left side
 右足併踏, 左足左點
 &4 Step left next to right, touch right to right side
 左足併踏, 右足右點
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