

# You're My Sunshine (陽光情人) (zh)

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Ria Vos (NL) - 2009年12月  
音乐: Sunshine - Steve Azar : (CD: Single)



前奏 : Intro: 32 counts 32拍後起跳

- 第一段**      **Step, Step Pivot ¼ Turn R, Cross, ¼ Turn L, ¼ Turn L, Jazz-Boxx, Cross Shuffle**  
**踏, 踏右1/4, 交叉, 左1/4, 左1/4, 爵士方塊, 交叉交換**
- 1      Step Fwd on R 右足前踏
- 2&3      Step Fwd on L, Pivot ¼ Turn Right, Cross L Over R (3:00)  
左足前踏, 右轉90度, 左足於右足前交叉踏(面向3點鐘)
- 4&      Turn ¼ Left Step Back on R, Turn ¼ Left Step L to Left Side (9:00)  
左轉90度右足後踏, 左轉90度左足左踏(面向9點鐘)
- 5-7      Cross R Over L, Step Back on L, Step R to Right Side  
右足於左足前交叉踏, 左足後踏, 右足右踏
- 8&1      Cross L Over R, Step R to Right Side, Cross L Over R  
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏
- 第二段**      **Side Rock, Sailor ½ Turn R into Cross Rock, & Cross, ¼ Turn L, ½ Turn L, Step Fwd**  
**側下沉, 右1/2轉水手, 交叉下沉, 併, 交叉, 左1/4, 左1/2, 踏**
- 2-3      Rock R to Right Side, Recover on L 右足右下沉, 左足回復
- 4&      Cross R Behind L making ¼ Turn Right, Step L next to R Making ¼ Turn Right (3:00) 右轉90度右  
足於左足後踏, 右轉90度左足併踏(3點鐘)
- 5-6      Cross Rock R Over L, Recover on L 右足於左足前交叉下沉, 左足回復
- 8&7      Step on Ball of R Next to L (Slightly Backwards), Cross L Over R  
右足略後併踏, 左足於右足前交叉踏
- 8&      Turn ¼ Left Step Back on R, Turn ½ Left Step Fwd on L (6:00)  
左轉90度右足後踏, 左轉180度左足前踏(面向6點鐘)  
\*\*\*RESTART Point wall 4 第四面牆跳至此面向9點鐘, 從頭起跳
- 1      Step Fwd on R 右足前踏
- 第三段**      **Fwd Mambo, Cross, Back, Sweep, Rock Back, Side, Behind, ¼ Turn R, ¼ Turn R 前曼波, 交叉,**  
**後, 繞, 後下沉, 側, 後, 右1/4, 右1/4**
- 2&3      Rock Fwd on L, Recover on R, Step Back on L to Left Diagonal (Angle body to left) 左足前下沉,  
右足回復, 左足左斜後踏(身體轉向左)
- 4&5      Cross R Over L, Step Back on L to Left Diagonal, Sweep R From Front to Back 右足於左足前交  
叉踏, 左足左斜後踏, 右足由前繞至後
- 6&7      Rock R Behind L, Recover on L, Step R to Right Side  
右足於左足後下沉, 左足回復, 右足右踏
- 8&1      Step L Behind R, ¼ Turn Right Step Fwd on R, ¼ Turn Right Step L to Left Side (12:00)  
左足於右足後踏, 右轉90度右足前踏, 右轉90度左足左踏(面向12點鐘)
- 第四段**      **Rock Back, ¼ Turn L with Sweep, ¼ Turn L, Cross, ¼ Turn L, Step, Pivot ½ Turn L, Step, Lock**  
**(Step)**  
**後下沉, 左1/4帶繞, 左1/4, 交叉, 左1/4, 踏, 轉, 踏, 鎖踏**
- 2&3      Rock Back on R, Recover on L, ¼ Turn Left Step Back on R with L Sweep (9:00) 右足後下沉, 左  
足回復, 左轉90度右足後踏左足繞

- 4&5 Turn  $\frac{1}{4}$  Left Step L to Left Side, Cross R Over L,  $\frac{1}{4}$  Turn Left Step Fwd on L (3:00)  
左轉90度左足左踏, 右足於左足前交叉踏, 左轉90度左足前踏(3點鐘)
- 6-7 Step Fwd on R, Pivot  $\frac{1}{2}$  Turn Left (9:00)  
右足前踏, 左軸轉180度(面向9點鐘)
- 8& Step Fwd on R, Lock L Behind R (Step Fwd on R is your first count of the dance again)  
右足前踏, 左足於右足後鎖踏(接續第1拍右足前踏成前鎖步)
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