

Hazzard County

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Kat Painter (USA) - January 2016
音乐: Daisy Dukes and Cowboy Boots (feat. Big & Rich) - Cowboy Troy



**** 1st place winner 2015 Las Vegas Dance Explosion Int/Adv Non-Phrased Choreography**

Begin dance 32 counts into music when lyrics start

S1: Heel Dig ¼ Turn, Coaster, Stomp, Clap, & Step, Brush

- 1-2 Step Rt heel forward (toe turned in, weight on Rt) and swivel heel to straight as the body turns ¼ to the right, Step Lt foot back (should be facing 3:00)
- 3&4 Step Rt foot back, Step Lt foot next to Rt foot, Step Rt foot forward
- 5-6 Stomp Lt foot forward, clap hands
- 7&8 Step Rt foot next to Lt, Step Lt foot forward, Brush Rt foot forward

S2: Stomp, Stomp, Body Roll w/ ¼ Turn, Hip Bumps, Body Roll

- 1-2 Stomp Rt foot to Rt side, Stomp Lt foot to Lt side (shoulder width apart)
- 3-4 Body roll down starting sideways Rt and finishing facing ¼ turn Lt (12:00) with hips back (weight on Rt foot, feet should now be in parallel 4th with the Lt foot in front)

For styling: lift the Lt heel and just have the Lt toe (ball of foot) touching the ground.

- 5-6 Bump/push hips forward, Bump/push hips back
- 7-8 Body roll up (weight ends on forward on Lt foot)

Body roll easy modification: keeping feet in place, turn ¼ to the Lt on 3, bend the knees/small squat taking weight back to Rt foot on 4, push hips forward on 5, hips back on 6, shift weight forward to Lt foot on 7, straighten legs on 8

S3: Heel & Toe, Heel & Toe, Walk, Walk, Side Rock, Rec, ½ Turn

- 1&2 Touch Rt heel forward, Step Rt foot next to Lt, Touch Lt toe back
- 3&4 Touch Lt heel forward, Step Lt foot next to Rt, Touch Rt toe back
- 5-6 Step Rt foot forward, Step Lt foot forward
- 7&8 Rock Rt foot to Rt side, Recover weight to Lt foot, Keeping weight on Lt foot turn ½ turn Rt (pulling Rt shoulder backwards) and step Rt foot to Rt

S4: Cross, Side, Behind, Side, Cross, Side, Touch, & Heel Jack

- 1-2 Cross Lt foot over Rt, Step Rt foot to Rt side
- 3&4 Cross Lt foot behind Rt, Step Rt foot to Rt side, Cross Lt foot over Rt
- 5-6& Step Rt foot to Rt side, Touch Lt foot next to Rt, Step Lt foot slightly back,
- 7&8 Touch Rt heel to forward, Step Rt foot in front of Lt (no cross), Touch Lt toe next to Rt

S5: Side, Behind, & Cross, Side, Touch, & Heel Jacks

- 1-2 Step Lt foot to Lt side, Cross Rt foot behind Lt,
- &3-4 Step Lt foot to Lt side, Cross Rt foot over Lt, Step Lt foot to Lt side
- 5&6 Touch Rt toe next to Lt, Step Rt foot slightly back, Touch Lt heel forward
- &7&8 Step Lt in front of Rt (no cross), Touch Rt toe next to Lt, Step Rt foot slightly back, Touch Lt heel forward

S6: & Cross, Back, & Cross, Back, & ¼ Turning Jazz box

- &1 Step on Lt foot, Cross Rt foot over Lt
- 2&3 Step Lt foot back, Step Rt foot to Rt side, Cross Lt foot over Rt
- 4&5 Step Rt foot back, Step Lt foot to Lt side, Cross Rt foot over Lt
- 6-8 Step Lt foot back, Turning ¼ Rt step Rt foot to Rt side, Step Lt foot forward

S7: Stomp, Stomp, ½ Turning Apple Jack Swivels

- 1-2 Stomp Rt foot slightly forward, Stomp Lt foot next to Rt (toes pointing slightly in)(facing 9:00)
- 3 With weight on the heel of the Rt foot and the toe of the Lt foot swivel Rt toe and Lt heel to Rt side (heels should meet) and pull Rt shoulder backward to initiate ½ turn
- & Switch weight to the Rt toe and the Lt heel then swivel Rt heel (small move) and Lt toe to Rt side (toes should meet) continue to turn
- 4 Switch weight to the Rt heel and the Lt toe then swivel Rt toe and Lt heel to Rt side (heels should meet) continue to turn
- 5 Switch weight to the Rt toe and the Lt heel then swivel Rt heel (small move) and Lt toe to Rt side (toes should meet) continue to turn (facing 12:00)
- 6 Switch weight to the Rt heel and the Lt toe then swivel Rt toe and Lt heel to Rt side (heels should meet) continue to turn
- 7 Switch weight to the Rt toe and the Lt heel then swivel Rt heel (small move) and Lt toe to Rt side (toes should meet) continue to turn
- & Switch weight to the Rt heel and the Lt toe then swivel Rt toe and Lt heel to Rt side (heels should meet) continue to turn
- 8 Switch weight to the Rt toe and the Lt heel then swivel Rt heel (small move) and Lt toe to Rt side (feet should straighten to center, weight on Lt)(facing 3:00)

Note: On count 3 start pulling the Rt shoulder backward to start the ½ turn to the Rt. Anytime the Rt toe swivels Rt make it a big swivel and anytime the Rt heel swivels Rt make it a small swivel. This should make the ½ turn to the Rt work more easily. The turn should take all 6 counts.

S8: Rock, Rec, Back, ¼ Turn Hip Roll, Stomp, Stomp, Hops/Knee Pops

- 1-2 Rock Rt foot forward, Recover back on Lt foot
- 3&4 Step Rt foot back, Roll hips clockwise while turning ¼ Rt, Shift weight to Lt foot
- 5-6 Stomp Rt forward, Stomp Lt next to Rt
- 7-8 With both feet hop/scoot forward, hop/scoot forward (weight on Lt foot)

Low-impact modification: Use knee pops/heel raises instead of hops – bend the knees and lift the heels of the feet on &, and straighten the knees and drop the heels on 7, then repeat for &8

Start Over

Contact: dancewithkat@yahoo.com □□□□□□□□
