

Breaking the Law

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Pat Newell (USA) - January 2010
音乐: There Oughta Be a Law - Leroy Parnell



Senior Dancing Series

Learning: Traveling heel stands, grapevines, step kick, step together, traveling hips forward and back

#32 counts in to vocal

HEEL STANDS MOVING TO 6:00 WALL

1-4 R heel forward, step on R 12:00, L heel to 10:00 step down,
5-8 R heel to 4:00 step down , L heel to 6:00 step down- 6:00

RIGHT VINE WITH TOUCH, LEFT VINE WITH TOUCH

1-4 Step R, L behind R, R to side, touch L beside R
5-8 Step L, R behind L, L to side, touch R beside L

STEP KICK, STEP TOGETHER, STEP KICK, STEP TOGETHER

1-4 Step forward on R, kick L, step down on L, step tog R
5-8 Step forward on L, kick R, step down on R, step tog L

TRAVELING HIPS FORWARD AND BACK *FULL WEIGHT EACH STEP SWINGING HIPS

1-4 Step diagonal forward on R, diagonal fwd L, diagonal fwd R, diagonal fwd L
5-8 Step diagonal back on R, diagonal back on L, diagonal back on R, diagonal back on L

Note: Move shoulders as well as hips in the last eight counts

DANCE FOR THE HEALTH OF IT
