

Sugar Candy (甜蜜蜜) (zh)

COPPER KNOB
STYLEDANCE

拍数: 64 墙数: 4 级数: Improver
编舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - 2010年03月
音乐: Sugar Sugar (feat. Flo Rida) - Inner Circle



前奏: Starts after 32 Counts. 32拍後起跳

第一段 Side, Together, Side, Together, Forward, Rock Step, 1/2, 1/4.
側, 併, 側, 併, 前, 下沉 回復, 1/2, 1/4

1-2 Step Left to Left side, step Right next to Left. 左足左踏, 右足併踏

3&4 Step Left to Left side, step Right next to Left, step forward Left.
左足左踏, 右足併踏, 左足前踏

5-6 Rock forward on Right, recover on Left. 右足前下沉, 左足回復

7-8 Make ½ turn to Right stepping forward on Right, ¼ turn to Right stepping Left to Left side. 右轉180度右足前踏, 右轉90度左足左踏

第二段 Rock Step, Chasse Right, Rock Step, 1/4, 1/4.
下沉 回復, 右追步, 下沉 回復, 1/4 1/4

1-2 Cross rock Right behind Left, recover on Left.
右足於左足前交叉下沉, 左足回復

3&4 Step Right to Right side, step Left next to Right, step Right to Right side. 右足右踏, 左足併踏, 右足右踏

5-6 Cross rock Left over Right, recover on Right.
左足於右足前交叉下沉, 右足回復

7-8 Make 1/4 turn to Left stepping forward on Left, 1/4 to Left stepping Right to Right side. 左轉90度左足前踏, 左轉90度右足右踏

第三段 Sailor Step, Behind & Cross, Side, Sailor 1/4, Step.
水手步, 後 旁 前交叉, 側, 1/4轉水手, 踏

1&2 Cross step Left behind Right, step Right to Right side, step Left to left side. 左足於右足後交叉踏, 右足右踏, 左足左踏

3&4 Cross Right behind Left, step Left to Left side, cross step Right over Left. 右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏

5 Step Left to Left side. 左足左踏

6&7 Cross step Right behind Left, make 1/4 turn to Right stepping Left next to Right, step Right next to Left.
右足於左足後交叉踏, 右轉90度左足併踏, 右足併踏

8 Step forward on Left..左足前踏

第四段 Kick & Step, Kick & Step, Point & Point & 1/2 Turn.
踢 併 踏, 踢 併 踏, 點 收 點 收 1/2

1&2 Kick Right foot forward, step Right next to Left, step forward on Left as you drop down slightly bending knees.
右足前踢, 右足併踏, 左足前踏雙膝略彎

3&4 Kick Right foot forward, step Right next to Left, step forward on Left as you drop down slightly bending knees.
右足前踢, 右足併踏, 左足前踏雙膝略彎

5&6 Point Right to Right side, step Right next to Left, point Left to Left side. 右足右點, 右足併踏, 左足左點

- &7-8 Step Left next to Right, point Right to Right side, make 1/2 turn to Right stepping Right next To Left.
左足併踏, 右足右點, 右轉180度右足併踏
- 第五段 Step Lock & Step Lock 1/4, Rock Recover, Lock Step Back.**
桃樂蒂步, 桃樂蒂轉1/4, 下沉 回復, 後鎖步
- 1-2& Step Left forward diagonal Left, lock Right behind Left, step Left forward diagonal Left.
左足左斜角前踏, 右足於左足後鎖踏, 左足斜角前踏
- 3-4& Step Right forward diagonal Right, lock Left behind Right, make 1/4 turn to Left stepping Right next to Left.
右足右斜角前踏, 左足於右足後鎖踏, 左轉90度右足併踏
- 5-6 Rock forward on Left, recover on Right. 左足前下沉, 右足回復
- 7&8 Step back on Left, lock Right across Left, step back on Left.
左足後踏, 右足於左足前鎖踏, 左足後踏
- 第六段 Back Rock, 1/2, 1/2, Step 1/2 Pivot, Kick & Point.**
後下沉 回復, 1/2 1/2, 踏 轉, 踢 併 點
- 1-2 Rock back on Right, recover on Left. 右足後下沉, 左足回復
- 3-4 Make 1/2 turn to Left stepping back on Right, 1/2 turn to Left stepping forward on Left. 左轉180度
右足後踏, 左轉180度左足前踏
- 5-6 Step forward on Right, pivot 1/2 turn to Left.
右足前踏, 左軸轉180度
- 7&8 Kick Right foot forward, step Right next to Left, point Left to Left side. 右足前踢, 左足併踏, 左足左
點
- 第七段 Kick & Point, Cross Back & Cross Side, Sailor 1/4.**
踢 併 點, 交叉 後 側 交叉 側, 1/4轉水手
- 1&2 Kick Left foot forward, step Left next to Right, point Right to Right side. 左足前踢, 左足併踏, 右足
右點
- 3-4& Cross step Right over Left, step back on Left,, step Right to Right side.
右足於左足前交叉踏, 左足後踏, 右足右踏
- 5-6 Cross step Left over Right, step Right to Right side.
左足於右足前交叉踏, 右足右踏
- 7&8 Cross step Left behind Right, make 1/4 turn to Left stepping Right next to Left, step forward on
Left .
左足於右足後交叉踏, 左轉90度右足併踏, 左足前踏
- 第八段 1/4, Behind, 1/4, Step 1/2 Pivot, 1/4, Behind & Cross**
1/4, 後, 1/4, 踏 轉, 1/4, 後 旁 交叉
- 1-2 Make 1/4 turn to Left stepping Right to Right side, cross step Left behind Right. 左轉90度右足右
踏, 左足於右足後交叉踏
- 3-4 Make 1/4 turn to Right stepping forward on Right step forward on Left.
右轉90度右足前踏, 左足前踏
- 5-6 Pivot 1/2 turn to Right, ¼ turn to Right stepping Left to left side.
右軸轉180度, 右轉90度左足左踏
- 7&8 Cross step Right behind Left, step Left to Left side, cross step Right over Left. 右足於左足後交叉
踏, 左足左踏, 右足於左足前交叉踏
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