Shot For Shot

级数: Beginner

编舞者: Lynn Card (USA) - January 2016

音乐: Home Alone Tonight (feat. Karen Fairchild) - Luke Bryan

Alt. music: "Send My Love(To Your New Lover)" by Adele with a note (No Tags with this song choice)

INTRO: 12 counts

(1-4) STEP FORWARD DIAGONAL, TOUCH, STEP FORWARD DIAGONAL, TOUCH, STEP FORWARD DIAGONAL, TOUCH IN OUT IN

- 1& Step R forward to right diagonal, Touch L next to R
- 2& Step L forward to left diagonal, Touch R next to L
- 3&4& Step R forward to right diagonal, Touch L next to R, Touch L out to L, Touch L next to R

(5-8) STEP BACK DIAGONAL, TOUCH, STEP BACK DIAGONAL, TOUCH, STEP BACK DIAGONAL, TOUCH IN OUT IN

- 5& Step L back to left diagonal, Touch R next to L
- 6& Step R back to right diagonal, Touch L next to R
- 7&8& Step L back to L diagonal, Touch R next to L, Touch R out to right, Touch R next to L

TAG 1: IS HERE IN WALL 2 FACING 9:00 (two count Tag)

1,2 Feet about shoulder width apart: Rock R to right (1), Recover to L(2) (weight on L)

(9-12) STEP RIGHT, ROCK BACK, RECOVER, ¼ TURN STEP, SWIVEL LEFT, SWIVEL RIGHT

1,2& Take big step to right with R, Rock L behind R, Recover R forward (now facing 10:00)
3&4 Turn 1/8 to face 9:00 stepping L forward, Swivel heels to left, Swivel heels back to center (weight on L)

(13-16) HEEL, SWITCH, HEEL, COASTHER STEP

- 5&6 Touch R heel forward, Replace R next to L, Touch L heel forward
- 7&8 Step L back, Step R back next to L, Step L forward

(on counts 4,5,6,and 8...feel the hard beat especially during the chorus and emphasize your footwork)

TAG 2: IS AFTER WALL 6/BEFORE WALL 7 FACING 9:00, Repeat Tag 1

ENDING: The dance will end on count 9 with a big step R to right.





拍数: 16

墙数:4