

Come On Down

拍数: 48 墙数: 4 级数: Improver
编舞者: Gudrun Schneider (DE) - January 2016
音乐: Come on Down - High Valley



(The dance starts after 16 count with on vocals : 'You don't need...')

CHASSE R , SAILOR STEP TURNING ¼ L, STEP FORW. R, KICK-BALL-STEP, STEP FORWARD L

1&2 Step right to right side - step left next to right - step right to right side (12:00)
3&4 Cross left behind right – ¼ turn left, step right next to left - step forward on left (9:00)
5 Step forward on right
6&7 Kick forward on left - step left next to right - step forward on right
8 Step forward on left

HEEL SWITCHES & ROCK FORW. & BACK L, BACK R, COASTER STEP L

1&2 Point right heel forward - step right next to left - point left heel forward
&3-4 Step left beside to right – rock forward right – recover on left
&5-6 Step right beside left - step back on left - step back on right
7&8 Step back on left - step right next to left - step forward on left

STEP FORW.R, ¼ TURN I, BEHIND – SIDE - CROSS, ¼ TURN R, ¼ TURN R, POINT FORW. , POINT SIDE

1-2 Step forward on right - ¼ turn left on both balls (6:00)
3&4 Step right behind left - step left to the left side - cross right over left
5-6 Step left back with ¼ turn right (9:00) - ¼ turn right – step right on right side (12:00)
7-8 Point left toe forward - point left toe to the left side

SAILOR STEP L, SAILOR STEP TURNING ¼ R, HEEL GRIND WITH ¼ TURN L , COASTER STEP L

1&2 Cross left behind right - step right to right side - step left to left side
3&4 Cross right behind left – ¼ turn right, step left to left - step right on right side (3:00)
5-6 Left heel with ¼ turn left (12:00)
7&8 Step back on left - step right next to left - step forward on left

(Restart wall 5)

ROCK FORWARD R, TRIPPLE FULL TURN R (R-L-R) SIDE ROCK & SIDE TOGETHER

1-2 Rock forward on right - recover on left
3&4 Cha cha with full turn right (R-L-R) (option: coaster Step)
5-6 Side rock to left side - recover on right
&7-8 Step left beside right - step right to right side - step left beside right

(Restart wall 2)

SHUFFLE BACK R, ¼ TURN CHASSE LEFT, , STEP ½ TURN, KICK-BALL-CROSS

1&2 Step back on right - step left next to right - step back on right
3&4 ¼ turn left - step left to left side - step right next to left - step left to left side (9:00)
5-6 Step forward on right - ½ turn left on both balls (3:00)
7&8 Kick forward on right - step right beside left - cross left over right

Restarts: -

During wall 2 Restart after 40 counts (facing 3:00)

During wall 5 Restart after 32 counts (facing 9:00)

Start again - Have Fun

