

# Samba Huh (嘿!森巴) (zh)

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Darren Bailey (UK) & Lana Williams (UK) - 2008年04月  
音乐: Mujer Latina - Thalía



- 第一段**      **Step R, Rock Back, Recover, Step L, Rock Back, Recover, Vaulted Step X4 Making A Full Turn R**  
右踏 後下沉 回復, 左踏, 後下沉 回復, 1/4踏 併共四次呈右轉圈
- 1&2      Step Rf to R side, Rock back on Lf, recover onto Rf  
右足右踏, 左足後下沉, 右足回復
- 3&4      Step Lf to L side, rock back on Rf, recover onto Lf  
左足左踏, 右足後下沉, 左足回復
- 5&6&      Make a 1/4 turn R and step forward Rf, close Lf next to Rf, Make a 1/4 turn R and step forward Rf,  
close Lf next to Rf  
右轉90度右足前踏, 左足併踏, 右轉90度右足前踏, 左足併踏
- 7&8      Make a 1/4 turn R and step forward Rf, close Lf next to Rf, Make a 1/4 turn R and step forward Rf  
右轉90度右足前踏, 左足併踏, 右轉90度右足前踏
- 第二段**      **Step L, Rock Back, Recover, Step R, Rock Back, Recover, Vaulted Step X4 Making A Full Turn L**  
左踏 後下沉 回復, 右踏 後下沉 回復, 1/4踏 併共四次呈左轉圈
- 1&2      Step Lf to L side, Rock back on Rf, recover onto Lf  
左足左踏, 右足後下沉, 左足回復
- 3&4      Step Rf to R side, Rock back on Lf, recover onto Rf  
右足右踏, 左足後下沉, 右足回復
- 5&6&      Make a 1/4 turn L and step forward on Lf, close Rf next to Lf, Make a 1/4 turn L and step forward  
on Lf, close Rf next to Lf  
左轉90度左足前踏, 右足併踏, 左轉90度左足前踏, 右足併踏
- 7&8      Make a 1/4 turn L and step forward on Lf, close Rf next to Lf, Make a 1/4 turn L and step forward  
on Lf  
左轉90度左足前踏, 右足併踏, 左轉90度左足前踏
- 第三段**      **Rock Forward, 1/2 Turn R, L Shuffle Forward, Rock Forward, 1/2 Turn R, L Shuffle Forward** 曼波  
轉, 前交換, 曼波轉, 前交換
- 1&2      Rock forward on Rf, recover onto Lf, make a 1/2 turn R and step forward on Rf 右足前下沉, 左足  
回復, 右轉180度右足前踏
- 3&4      Step forward on Lf, close Rf next to Lf, step forward on Lf  
左足前踏, 右足併踏, 左足前踏
- 5&6      Rock forward on Rf, recover onto Lf, make a 1/2 turn R and step forward on Rf 右足前下沉, 左足  
回復, 右轉180度右足前踏
- 7&8      Step forward on Lf, close Rf next to Lf, step forward on Lf  
左足前踏, 右足併踏, 左足前踏
- 第四段**      **Rock And Cross R, Rock And Cross L, Step R Close, Shimmy Or Shake**  
右曼波交叉, 左曼波交叉, 右踏 併, 雙肩擺動
- 1&2      Rock Rf to R side, recover onto Lf, cross Rf over Lf  
右足右下沉, 左足回復, 右足於左足前交叉踏
- 3&4      Rock Lf to L side, recover onto Rf, cross Lf over Rf  
左足左下沉, 右足回復, 左足於右足前交叉踏
- 5-6      Step Rf to R side, close Lf next to Rf 右足右踏, 左足併踏

7&8 Shimmy or shake shoulders 雙肩擺動  
(示範片是拍手三次)

**第五段 Samba Diamond Making A Full Turn L 四次森巴湊成左轉圈**

1&2& Cross Lf over Rf, step diagonally back on Rf, step back on Lf, Hitch up R Knee and make a 1/4 turn L  
左足於右足前交叉踏, 右足斜角後踏, 左足後踏, 左轉90度右膝抬

3&4 Cross Rf behind Lf, step diagonally forward on Lf, make a 1/4 turn L and step Rf to R side  
右足於左足後交叉踏, 左足斜角前踏, 左轉90度右足右踏

5&6& Cross Lf over Rf, step diagonally back on Rf, step back on Lf, Hitch up R Knee and make a 1/4 turn L  
左足於右足前交叉踏, 右足斜角後踏, 左足後踏, 左轉90度右膝抬

7&8 Cross Rf behind Lf, step diagonally forward on Lf, make a 1/4 turn L and step Rf to R side  
右足於左足後交叉踏, 左足斜角前踏, 左轉90度右足右踏

**第六段 Cross And Side X4 With Hitch, Cross And Side X4  
交叉 右踏共四次最後帶右抬, 換邊交叉 左踏共四次**

1&2& Cross Lf over Rf, step Rf to R side, cross Lf over Rf, step Rf to R side  
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏, 右足右踏

3&4& Cross Lf over Rf, step Rf to R side, cross Lf over Rf, Hitch up R knee  
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏, 右膝抬

5&6& Cross Rf over Lf, step Lf to L side, cross Lf over Rf, step Rf to R side  
右足於左足前交叉踏, 左足左踏, 左足於右足前交叉踏, 右足右踏

7&8 Cross Rf over Lf, step Lf to L side, cross Lf over Rf  
右足於左足前交叉踏, 左足左踏, 左足於右足前交叉踏

**第七段 Touch And Step Back X4, Touch Forward, Side, Cross, R And L  
點收 點收 點收 點, 前點 右點 交叉, 前點 左點 交叉**

1&2& Touch L toe forward, step back on Lf, touch R toe forward, step back on Rf 左足趾前點, 左足後踏, 右足趾前點, 右足後踏

3&4 Touch L toe forward, step back on Lf, touch R toe forward  
左足趾前點, 左足後踏, 右足趾前點

5&6 Touch Rf forward, touch Rf to R side, step Rf forward  
右足前點, 右足右點, 右足前踏

7&8 Touch Lf forward, touch Lf to L side, step Lf forward  
左足前點, 左足左點, 左足前踏

**第八段 Rock Forward, Recover, Shuffle With 1/4 Turn R, Rock Forward, Recover, Shuffle With 1/4 Turn L  
下沉 回復, 1/4轉交換, 下沉 回復, 轉交換**

1-2 Rock forward on Rf, recover onto Lf 右足前下沉, 左足回復

3&4 Make a 1/4 turn R and step Rf to R side, close Lf next to Rf, step Rf to R side 右轉90度右足右踏, 左足併踏, 右足右踏

5-6 Rock forward on Lf, recover onto Rf 左足前下沉, 右足回復

7&8 Make a 1/4 turn L and step Lf to L side, close Rf next to Lf, make a 1/4 turn L and step forward on Lf (start dance again by making a 1/4 turn R to step R f to R side)  
左轉90度左足左踏, 右足併踏, 左轉90度左足前踏(右轉90度接續第1拍的右足右踏)

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