

Borrowed Time

拍数: 32 墙数: 4 级数: Improver
编舞者: Jason Allott (UK) - January 2016
音乐: Borrowed Time - Frances : (iTunes, Deezer)



Starts 16 counts after beat starts

Section 1: Step R back, ball step L, cross R over. ¼ step to L face 9:00, Shuffle ½ over L to face 3:00 wall. Walk back L, R, L.

1&2 Step back on R, Ball Step L, cross step R over L
3 Step L ¼ over L shoulder facing 9:00
4&5 Step R ¼, Step L next to R turn ¼ over L shoulder facing 3:00, Step back R
6 walk back on L
7-8 Walk back on R, Walk back on L

Section 2: Rock back on R, Recover on L, R Dorothy, L Dorothy, R out, L out.

1-2 ; Rock back onto R, Recover onto L
3-4& Step R fwd, Lock L behind R, Step R fwd
5-6& Step fwd L, lock step R behind L, Step L fwd
7-8 Step R fwd, Step L fwd (feet should be shoulder width apart)

Section 3: Jump together R,L. Heel bounce, Strut fwd R, Strut fwd L, Mambo R fwd.

&1&2 Step back onto R, step L next to R (feet together), Raise Heels up, down
3-4 Toe strut R fwd,
5-6 Toe strut L fwd, (weight ends on L)
7&8 Rock fwd onto R, recover onto L, Step back on R

Section 4: Backwards Dorothy on L, Walk back R, L. Step R to R Hold, Ball step L next to R, Step R to R, cross step L over R

1-2& Step back onto L, Lock R in front of L, Step Back on L
3-4& Walk back onto R, Walk back onto L
5-6 Step Right to R side, Hold
&7-8 Ball step L next to R, Step R to R side, Cross step L over R

End facing 3:00, can turn ¼ over L to face front when crossing L over R.
Will end with legs crossed facing front, song ends with a clap so clap too. Enjoy.

Contact: jaylfc2603@gmail.com