

# All Torn Up

拍数: 48      墙数: 4      级数: Improver  
编舞者: Steve Rutter (UK) & Claire Rutter (UK) - January 2016  
音乐: All Torn Up - Rebel Dean : (Album: Rebellion)



(48 Count Intro' – 17 Secs).

## Section 1 – Rumba Box.

1-2            Step right to right side, close left beside right  
3-4            Step back on right, Hold.  
5-6            Step left to left side, close right beside left.  
7-8            Step forward on left, Hold. (12 o'clock)

## Section 2 – Walk & Clap x2, Step Forward, Pivot ½ Turn Left, Step Forward, Hold.

1-2            Step forward on right, Clap.  
3-4            Step forward on Left, Clap.  
5-6            Step forward on right, pivot a half turn left.  
7-8            Step forward on right, Hold. (6 o'clock)

## Section 3 – (Side Step, Toe Touch) x2, Slow Chasse Left, Toe Touch.

1-2            Step left to left side, touch right toe left (click fingers to left if you wish).  
3-4            Step right to right side, touch left toe beside right (click fingers to right if you wish).  
5-6            Step left to left side, close right beside left.  
7-8            Step left to left side, touch right toe beside left (6 o'clock)

## Section 4 - (Side Step, Toe Touch) x2, Slow Chasse Right, Toe Touch.

1-2            Step right to right side, touch left toe beside right (click fingers to right if you wish).  
3-4            Step left to left side, touch right toe beside left (click fingers to left if you wish).  
5-6            Step right to right side, close left beside right.  
7-8            Step right to right side, touch left toe beside right. (6 o'clock)

## Section 5 - Side Rock, Cross Rock, ¼ Turn Right Into Back Rock, Toe Touch, Hold.

1-2            Rock left to left side, recover weight onto right.  
3-4            Cross rock left over right, recover weight onto right.  
5-6            Make a quarter turn right rocking back on left, recover weight onto right.  
7-8            Touch left toe beside right, Hold. (9 o'clock)

## Section 5 – Weave, Side Rock & Cross, Hold.

1-2            Step left to left side, cross right behind left.  
3-4            Step left to left side, cross right over left.  
5-6            Rock left to left side, recover weight onto right.  
7-8            Cross left over right, Hold. (9 o'clock)

Enjoy!

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