

A Little Rock Steady

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Carol Cotherman (USA) - January 2016
音乐: Gonna - Blake Shelton



#36-count intro – Dance starts on lyrics on the word “take”

Point, Hitch, Point, Hitch, Side, Behind, Side, Touch, Point, Hitch, Point, Hitch, Side, Behind, ¼ Turn, Scuff
1&2&3&4& Point right to side, hitch right knee slightly over left, point right to side, hitch right knee slightly over left, step right to side, step left behind right, step right to side, touch left beside right
5&6&7&8& Point left to side, hitch left knee slightly over right, point left to side, hitch left knee slightly over right, step left to side, step right behind left, ¼ turn left stepping left forward, scuff right forward (9:00)

Rocking Chair, Step, ½ Turn, Step, Full Turn, Rocking Chair

1&2&3&4 Rock right forward, recover to left, rock right back, recover to left, step right forward, ½ turn left with weight to left, step right forward
5-6-7&8& ½ Turn right stepping left back, ½ turn right stepping right forward, rock left forward, recover to right, rock left back, recover to right (3:00)

***Non-turning option for counts 5-6: Walk, Walk**

Step, Hitch/Scoot (2x), Step, Step, Hitch/Scoot (2x), Step, Step, ¼ Turn, Cross, ¾ Turn, Step, Scuff

1&2&3&4& Step left forward, hitch right knee while scooting forward (2x), step right forward, step left forward, hitch right knee while scooting forward (2x), step right forward
5&6-7&8& Step left forward, ¼ turn right with weight to right, cross left over right, ¼ turn left stepping right back, ½ turn left stepping left forward, step right forward, scuff left (9:00)

***Option: Replace “¾ Left turn step” with a “Right ¼ Turn shuffle” (7&8).**

Step, Scuff, Step, Scuff/Hitch, Back, Back, Back, Hitch, Coaster Step, Step, ½ Turn, Step, Touch

1&2&3&4& Step left forward, scuff right, step right forward, scuff left forward into a hitch, step left back, step right back, step left back, hitch right
5&6-7&8& Step right back, step left beside right, step right forward, step left forward, ½ turn right with weight to right, step left forward, touch right beside left (3:00)

REPEAT

Restart: Wall 2 – Dance 16 counts but replace rocking chair on counts 15&16& with a left forward mambo touch [rock left forward (15), recover to right (&), step left back(16), touch right beside left (&)]. Restart facing 6:00.

Ending: On the final rotation, you will be facing 12:00

During Section 4. After the coaster step, just triple forward. Tada!

Contact: cotdancing@gmail.com

Last Update: 19 Feb 2025