

Full Time Woman - Revisited

COPPER KNOB
DANCESHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Barbara Hile (AUS) - May 2008
音乐: More Where That Came From - Dolly Parton : (Album: Slow Dancing With The Moon.)



#16 Count Intro - Dance Rotates Anti-Clockwise. - 1 Restart....

Alternate Music: Any Way The Wind Blows - Brother Phelps – Album – Any Way The Wind Blows
#64 Count Intro After The Words '1 2 3 4'

[1 – 8] □□R HEEL STRUT, L HEEL STRUT, STEP FWD, HOLD, PIVOT 1/4L, HOLD.
1 2 3 4 Touch R heel fwd, Step down on R, Touch L heel fwd, Step down on L.
5 6 7 8 Step R fwd, Hold, Pivot 1/4 L turn, Hold. (9 o'clock).

[9 – 16] □□R HEEL STRUT, L HEEL STRUT, STEP FWD, HOLD, PIVOT 1/4L, HOLD.
1 2 3 4 Touch R heel fwd, Step down on R, Touch L heel fwd, Step down on L.
5 6 7 8 Step R fwd, Hold, Pivot 1/4 L turn, Hold. (6 o'clock). ***

[17 – 24] □R SIDE, BEHIND, ¼ R TURN, HITCH, VINE LEFT, HITCH.
1 2 3 4 Step R to R side, Cross L behind R, Turn ¼ R fwd onto R, Hitch L knee.
5 6 7 8 Step L to L Side, Cross R behind L, Step L to L Side, Hitch R. (9 o'clock)

[25 – 32] □V STEP WITH HOLDS.
1 2 3 4 Step R out @ 45 deg, Hold, Step L out @ 45 deg, Hold.
5 6 7 8 Step R Back to Centre, Hold, Step L Back to Centre, Hold (9 o'clock)

OPTIONAL – These steps can be danced with a swinging feel. □

[32] BEGIN AGAIN

*** Restart on wall 6 at count 16. (3 o'clock)

Ending.. you will be facing the back wall, on count 14 pivot 1/2 L turn stepping fwd on count 15, step R beside L.

N.B. No Restart needed on the alt. music.

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