

Live & Learn

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Jef Camps (BEL) - January 2016
音乐: A Lot To Learn About Livin' - Easton Corbin



Info□□: Start on the lyrics

S1: WEAVE, CROSS ROCK, RECOVER, CHASSE ¼ TURN

1-2 RF cross over LF, LF step side
3-4 RF cross behind LF, LF step side
5-6 RF cross over LF, recover on LF
7&8 RF step side, LF close next to RF, ¼ turn R & RF step forward □(3:00)

S2: ¾ TURN, JAZZ BOX CROSS, ½ TURN HINGE

1-2 ½ turn R & LF step back, ¼ turn R & RF step side□□□(12:00)
3-4 LF cross over RF, RF step back
5-6 LF step side, RF cross over LF
7-8 ¼ turn R & LF step back, ¼ turn R & RF step side□□□(6:00)

S3: CROSS ROCK, RECOVER, CHASSE, DIAG. ROCK FWD, RECOVER, FULL TURN BACK

1-2 LF cross over RF, recover on RF
3&4 LF step side, RF close next to LF, LF step side
5-6 RF rock diagonally L-forward, LF recover □□□□(4:30)
7-8 ½ turn R & RF step forward, ½ turn R & LF step back□□(4:30)

S4: ROCK BACK, RECOVER, STEP-LOCK-STEP FWD, CROSS, BACK, CHASSE ¼ TURN

1-2 RF rock back, recover on LF
3-4 RF step forward, LF lock behind RF, RF step forward □□(4:30)
5-6 LF cross over RF, 1/8 turn L & RF step back□□□(3:00)
7&8 LF step side, RF close next to LF, ¼ turn L & LF step forward□(12:00)

S5: ROCKING CHAIR, STEP ½ PIVOT TURN, ¾ TURN

1-2 RF rock forward, recover on LF
3-4 RF rock back, recover on LF
5-6 RF step forward, make ½ turn L□□□□□(6:00)
7-8 ½ turn L & RF step back, ¼ turn L & LF step side□□□(9:00)

S6: WEAVE, SWEEP, BEHIND, ¼ TURN, ½ SHUFFLE

1-2 RF cross over LF, LF step side
3-4 RF cross behind LF, LF sweep back
***RESTART – wall 2**
5-6 LF cross behind RF, ¼ turn R & RF step forward (12:00)
7-8 ½ turn R & LF step back, RF close next to LF, LF step back□(6:00)

S7: ROCK BACK, RECOVER, KICK-BALL-CROSS, SIDE ROCK, RECOVER, CROSS, SIDE

1-2 RF rock back, recover on LF
3&4 RF kick diagonally R-forward, RF close next to LF, LF cross over RF
5-6 RF rock side, recover on LF
7-8 RF cross over LF, LF step side

S8: ¼ TURN, SIDE ROCK, RECOVER, SAILOR STEP, TOUCH, ½ UNWIND, KNEE POPS

1-2 ¼ turn R & RF rock side, recover on LF□ (9:00)
3&4 RF cross behind LF, LF step side, RF step side

5-6 LF touch behind RF, make ½ turn L □ (3:00)

***RESTART- walls 4 and 6**

7-8 RF down next to LF & bend L-knee, push LF down next to RF & bend R-knee

Restarts:-

Wall 2 after count 44 (12:00) – change sweep (count 8 – section 6) in step side

Walls 4 & 6 after count 62 (6:00) – you won't dance the pushes/knee pops
