

# Shades On Inside

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Derek Steele (USA) - January 2016  
音乐: High Class - Eric Paslay



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## **PRESS, RECOVER, BEHIND, SIDE, FRONT, TOUCH OUT, IN, OUT, ¾ TURNING SAILOR □**

1-2      Press right foot to right side recover weight on left  
3&4      Step right foot behind left foot, step left foot to left side, step right foot in front of left  
5&6      Touch left toe to left side, touch left toe next to right foot, touch left foot to left side  
7&8      Turning left make a ¾ sailor step left, right, left

## **WALK, WALK, SHUFFLE FORWARD, ROCK FORWARD, RECOVER, COASTER STEP**

1-2      Step forward on right foot, step forward on left foot  
3&4      Step forward on right foot, step left foot next to right, step forward on right foot  
5-6      Rock forward on left foot, recover weight back on right foot  
7&8      Step back on left foot, step right foot next to left, step left foot forward

### **\*RESTART ON WALL 2**

## **¾ TURN SKATING BOX, FORWARD BODY ROLL, SYNCOPATED DWIGHT STEPS**

1-2      Step right foot to right side, make ¼ turn left stepping left foot to left side  
3-4      Make ¼ turn left stepping right foot to right side, ¼ turn left stepping left foot forward  
5-6      Slow body roll over two counts leaving weight forward on left  
7      With weight on left toe, twist left heel right while touching right toe to right side  
&      With weight on left heel, shift left toe to right while lifting right knee in front of left leg  
8      With weight on left toe, shift left heel right while touching right toe to right side  
&      With weight on left heel, shift left toe to right while lifting right knee in front of left leg

## **WIZARD STEP, PIVOT ½, PIVOT ¼, FULL TURN, STEP SIDE**

1-2&      Step right foot forward, step left foot behind right, step right foot forward  
3-4      Step left foot forward, pivot ½ turn right  
5-6      Step left foot forward, pivot ¼ turn right  
7-8      On ball of right foot make full turn right, step left foot to left side

### **Start Dance Over Again**

### **\*RESTART – Wall 2**

**Do first 16 counts of the dance and restart facing 6:00 wall**

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