

Angels Like To Rock And Roll

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Beginner
编舞者: Pat Newell (USA) - January 2016
音乐: Rock & Roll Angel - The Kentucky Headhunters : (64 in)



Senior Dancing Series

Alt: No Parking (On the dance floor) by Midnight Star - 64 in - 128 bpm

Learning: Single step touches in turn, walk forward and back, hip bumps

STEP FORWARD ON RIGHT, LEFT TOUCHES FORWARD, SIDE, FORWARD, STEP FORWARD ON LEFT, RIGHT TOUCHES FORWARD SIDE FORWARD

1-4 Step R slightly forward, touch L across R, touch L to L, touch L across R
5-8 Step L slightly forward, touch R across L, touch R to R, touch R across L

SINGLE STEP TOUCHES MOVING TO 6:00 WALL ENDING WITH BRUSH

1-4 Step R to R, touch L beside R, step L to L, touch R beside L
5-8 Step R to ¼ L, touch L beside R, step L ¼ L, brush R forward

WALK FORWARD 3 STEPS, TOUCH LEFT, WALK BACK 3 STEPS, TOUCH R SLIGHTLY BACK

1-4 Walk forward on R, L, R, touch L
5-8 Walk back on L, R, L, touch R slightly back diagonally R

DOUBLE HIP BUMPS DIAGONALLY BACK TO RIGHT, FORWARD TO FRONT AND REPEAT

1-4 Bump right hip back diagonally right 2 times, bump L hip forward diagonally left 2 times
5-8 Bump right hip back diagonally right 2 times, bump L hip forward diagonally left 2 times.

DANCE FOR THE HEALTH OF IT
