

# Survivor Fight Song

**COPPER KNOB**  
BY STEPHENETS

拍数: 200  
编舞者: Bev Meyer - January 2016  
音乐: Fight Song - Rachel Platten

墙数: 1

级数: Phrased Beginner



**Comment:** This dance is written for various stages of cancer survivors to dance together in solidarity.

**Start:** 8 count intro - Sequence A,B,A,C,D

## **PART A (80 counts)**

### **AS1: Rock Right, Cha Cha Cha, Rock Left, Cha Cha Cha**

1-4 Rock right to right side, recover on left, triple in place right, left, right

5-8 Rock left to left side, recover on right, triple in place left, right, left

### **AS2: Rock Forward Right, Cha Cha Cha, Rock Back Left, Cha Cha Cha**

1-4 Rock forward right, recover on left, triple in place right, left, right

5-8 Rock back left, recover on right, triple in place left, right, left

### **AS3 & AS4: REPEAT SECTION AS1 AND AS2**

### **AS5: Cross Rock Right, Shuffle Right, Cross Rock Left, Shuffle Left**

1-4 Cross right over left, recover on left, side shuffle, right, left, right

5-8 Cross left over right, recover on right, side shuffle, left, right, left

### **AS6: REPEAT SECTION AS5**

### **AS7: Step Forward Right (with fist), HOLD, Step Forward Left (with fist), HOLD, Step Forward Right (with fist), HOLD, Step Forward Left (with fist), HOLD**

1 2 Step forward right with right hand fist and left hand on left hip, HOLD

3 4 Step forward left with left hand fist and right hand on right hip, HOLD

5 6 Step forward right with right hand fist and left hand on left hip, HOLD

7 8 Step forward left with left hand fist and right hand on right hip, HOLD

### **AS8: Step Back Right Shuffle, Step Back Left Shuffle, Step Back Right Shuffle, Step Back Left Shuffle**

1&2 Step back right, recover left, right

3&4 Step back left, recover right, left

5&6 Step back right, recover left, right

7&8 Step back left, recover right, left

### **AS9 & AS10: REPEAT SECTIONS AS7 AND AS8**

## **PART B (12 counts)**

### **BS1: Forward Right Point, Side Right Point, Cha Cha Cha, Forward Left Point, Side Left Point, Cha Cha Cha**

1 2 Right forward point, right side point

3&4 Step in place right, left, right

5 6 Left forward point, left side point

7&8 Step in place left, right, left

### **BS2: Forward Step Right, ½ Pivot (turning left), Forward Step Right ½ Pivot (turning left)**

1 2 Step right forward, ½ pivot left

3 4 Step right forward, ½ pivot left

## **PART C (28 counts)**

### **CS1: Forward Right Point, Side Right Point, Cha Cha Cha, Forward Left Point, Side Left Point, Cha Cha Cha**

1 2 Right forward point, right side point  
3&4 Step in place right, left, right  
5 6 Left forward point, left side point  
7&8 Step in place left, right, left

**CS2: REPEAT SECTION CS1**

**CS3: Forward Step Right, ½ Pivot, Forward Step Right ½ Pivot**

1 2 Step right forward, ½ pivot left  
3 4 Step right forward, ½ pivot left

**CS4: Right Jazz Box, Right Jazz Box**

1-4 Right step over left, left step back, right step to side, left step in place  
5-8 Right step over left, left step back, right step to side, left step in place

**PART D (80 counts)**

**DS1: Rock Right, Cha Cha Cha, Rock Left, Cha Cha Cha**

1-4 Rock right to right side, recover on left, triple in place right, left, right  
5-8 Rock left to left side, recover on right, triple in place left, right, left

**DS2: Rock Forward Right, Cha Cha Cha, Rock Back Left, Cha Cha Cha**

1-4 Rock forward right, recover on left, triple in place right, left, right  
5-8 Rock back left, recover on right, triple in place left, right, left

**DS3 & DS4: REPEAT SECTION DS1 AND DS2**

**PAUSE "MAKE AN EXPLOSION" (cross arms with fists, bend knees and circle arms out)**

**DS5: Step Forward Right (with fist), HOLD, Step Forward Left (with fist), HOLD, Step Forward Right (with fist), HOLD, Step Forward Left (with fist), HOLD**

1 2 Step forward right with right hand fist and left hand on left hip, HOLD  
3 4 Step forward left with left hand fist and right hand on right hip, HOLD  
5 6 Step forward right with right hand fist and left hand on left hip, HOLD  
7 8 Step forward left with left hand fist and right hand on right hip, HOLD

**DS6: Step Back Right Shuffle, Step Back Left Shuffle, Step Back Right Shuffle, Step Back Left Shuffle**

1&2 Step back right, left, right  
3&4 Step back left, right, left  
5&6 Step back right, left, right  
7&8 Step back left, right, left

**DS7 & DS8: REPEAT SECTION DS5 AND DS6**

**DS9: Forward Right Point, Side Right Point, Cha Cha Cha, Forward Left Point, Side Left Point, Cha Cha Cha**

1 2 Right forward point, right side point  
3&4 Step in place right, left, right  
5 6 Left forward point, left side point  
7&8 Step in place left, right, left

**DS10: Forward Step Right, ½ Pivot (turning left), Forward Step Right ½ Pivot (turning left), Right Jazz Box**

1 2 Step right forward, ½ pivot left  
3 4 Step right forward, ½ pivot left  
5-8 Right step over left, left step back, right step to side, left step in place

**Step right forward and raise both arms in FIGHT position**

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