

My Country

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Dwight Birkjaer (DK) - January 2016
音乐: My Country - The BossHoss



Seq.: A-B- A-B- T -A-B- A-B- A -T- B-B- T -A16-A- T-T- A-A-A- B-B-B-B

Intro 4 Count

A – 32 counts

A1: Kick, Stomp, Swivel, Heel Switches R-L

1-4 Kick R fw. Stomp R, Swivel (weight on R heel L ball) toes to right, center (12)

5-8 Tap R heel fwd., R beside L, tap L heel fwd. L beside R (12)

A2: Toe strut ½ turn x2, Heel Switches R-L

1-4 ½ turn right R toe, R heel down, ½ turn right L toe, L heel down (12)

5-8 Tap R heel fwd., R beside L, tap L heel fwd., L beside R (12)

A3: Kick, Stomp, Swivel, Heel Swivel, Kick, Stomp

1-4 Kick R fw. Stomp R, Swivel (weight on R heel L ball) toes to right, center (12)

5-8 Tap R heel fwd., R beside L, kick L fwd., stomp L beside R (12)

A4: Rocking Chair, ¼ Stomp, ¼ turn, Scuff

1-4 Rock fwd. R, stomp L behind R, Rock back R, stomp L fwd. (12)

5-8 ¼ turn left stepping R fwd., stomp L, ¼ turn left stepping L fwd., scuff R (6)

B – 32 counts

B1: Jump. Cross Rock flick, Recover kick, Back Rock kick, Recover kick, Cross Rock flick, Recover Kick, Back Rock Kick, Step L flick R

1-2 Cross R over L (turn body 1/8 left) flick L behind R slap, recover L kick R (6)

3-4 Jump. Back R kick L, recover L kick R (6)

5-6 Cross R over L (make 1/8 turn left) flick L behind R slap, recover L kick R (6)

7-8 Jump. Back R kick L, step down L cross R flick R behind L slap (6)

Option Make Cross Rock, Back Rock, Cross rock, Back rock

B2: Jump. Back R kick L, ¼ turn kick, Cross rock flick, Back kick, Back kick, Cross rock flick, Back kick ¼ turn, stomp flick

1-2 Jump. Back R kick L, ¼ turn left stepping L fwd., kick R (3)

3-4 Cross R over L flick L behind R slap, recover L kick R (3)

5-6 Jump. Back R kick L, cross L over R flick R behind L slap (3)

7-8 jump. Back R kick L, ¼ turn left stomp L fwd. flick R behind L slap (12)

Option Make Cross rock, Back rock, Cross rock, Back rock, turning left

B3: Vine right, Cross, ¼ turn Rock, Recover, ¾ turn right, Scuff

1-4 step R to side, L behind, R to side, cross L (12)

5-8 ¼ turn right rock on R heel (3), recover L, ¾ turn right stepping R fwd. scuff L (12)

B4: Jump. Vine left, Cross, ¼ turn Rock, Recover, ¼ turn Stomp

1-4 Jump. L to flick R behind, recover R kick L, jump back L kick R, cross R (12)

5-8 ¼ turn left rock on L heel, recover R (9), ¼ turn left stepping L to side, stomp up R (6)

Tag: 16 count

Vaudeville R-L

1-4 Cross R over L, L to side, tap R heel, R beside L

5-8 Cross L over R, R to side, tap L heel, L beside R

Rocking Chair, Step ½ turn, ¼ Stomp, ¼ Stomp up

1-4 Rock R fwd., stomp L behind R, rock back R, stomp L fwd.

5-8 ¼ turn left stepping R fwd., stomp L, ¼ turn left stepping L fwd., stomp up R

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