

Out of Our Minds (P)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 0 级数: Improver Partner
编舞者: Dan Albro (USA) - March 2017
音乐: Lose My Mind - Brett Eldredge



Intro: 16 Count into. - Closed Social Position, Man facing FLOD, Ladies facing BLOD
Opposite footwork except where noted. Mans footwork described.

[1-8] □ □ 2 SHUFFLES FWD, STEP FWD, ¼ TURN, TOE, & TOE &

1&2,3&4 Step fwd R, step L next to R, Step fwd R, step fwd L, step R next to L, step fwd L
5 Step angle fwd left on R lining up right shoulders with partner
6 Turn ¼ right facing partner stepping side L (man facing OLOD, ladies facing ILOD)
&7&8 Touch R toe next to L, step side R, touch L toe next to R, step side L

[9-16] □ □ CROSSING SHUFFLE, SIDE SHUFFLE, ROCK BACK, REPLACE, BELT LOOP SWITCH

1&2 Cross step R over L, step side L, cross step R over L
3&4,5,6 Step side L, step R next to L, step side L, rock back on R, replace weight L
7&8 Turn ¼ left stepping side R, step L next to R, turn ¼ left stepping back R

Hands:-□

Release mans right hand from behind ladies back on count 5

Man drops ladies right hand off on his right hip on count 7

Man picks up ladies right hand on his left hip on count 8 with his left hand

[17-24] □ □ ROCK, STEP, SHUFFLE FWD, SIDE, TOGETHER, SHUFFLE SIDE ¼ TURN

1,2,3 Rock back on L, replace weight R, turn ¼ right stepping fwd L
&4,5,6 Step R next to L, step fwd L, turn ¼ left stepping side R, step L next to R
7&8 Step side R, step L next to R, turn ¼ right stepping fwd R (FLOD)

Hands:□ On count 5 pick up ladies left hand, on count 8 release ladies left hand

[25-32] □ LADY TURNS, SHUFFLE FWD, STEP, TOUCH, STEP, TOUCH

1,2 MAN:□ Small step fwd L bringing lady in front, step fwd R returning to original position
1,2 LADY:□ Crossing FLOD of man turn ½ left stepping back R, step angle back L to return to original position
3&4 Step fwd L, step R next to L, step fwd L
5,6,7,8 Touch R toe fwd, step back on R, touch L toe back, step fwd L

Hands:□-

On count 1 man brings ladies right hand over her head

On count 2 man places his right hand on ladies back returning to closed social position

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