

# East Hill Twist (P)

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 0      级数: Beginner Partner  
编舞者: Dan Albro (USA) - January 2017  
音乐: Wake Me Up - Billy Currington



Choreographed for: East Hill Farms December 2015 Country Dance Weekend

Intro: 16 count intro. - Side by side position. Mans footwork described.  
Same footwork except where noted.

## [1-8] □ □ WALK, WALK, WALK, KICK, BACK, BACK, COASTER STEP

1,2,3,4      Step fwd R, step fwd L, step fwd R, kick L fwd  
5,6,7&8      Step back L, step back R, step back L, step R next to L, step fwd L

## [9-16] □ □ STEP, ¼ PIVOT TWIST, TWIST, ¼ TURN, ¼ TURN, TWIST, TWIST, ¼ TURN

1,2,3      Step fwd R, pivot ¼ left (ILOD) twisting left, twist right weight on R  
4,5,6      Pivot ¼ left weight on L (BLOD), step fwd R, pivot ¼ left (OLOD) twisting left  
7,8      Twist right weight on R, pivot ¼ left weight on L (FLOD)

Hands: □ - □

On count 1 release left hands and bring right hands over ladies head.

On count 2 pick up left hands, On count 4 release right hands

On count 5 bring left hands over ladies head and pick up right hands

## [17-24] □ □ 4 SHUFFLES FWD, LADY TURNS (OPTIONAL)\*

1&2,3&4      \* □ Step fwd R, step L next to R, step fwd R, step fwd L, step R next to L, step fwd L  
5&6      \*,7&8 □ Step fwd R, step L next to R, step fwd R, step fwd L, step R next to L, step fwd L

\* Ladies optional full turn:

3&4      Turn ¼ right stepping side L (OLOD), step R next to L, turn ¼ right stepping back L (BLOD)  
5&6      Turn ¼ right stepping side R (ILOD), step L next to R, turn ¼ right stepping fwd R (FLOD)

Hands: - □ □

On count 3 release left hands, on count 5 bring right hands over ladies head

On count 6 pick up left hands

## [25-32] □ □ ROCK, REPLACE, ¼ TURN, SHUFFLE SIDE, CROSS ROCK, REPLACE, ¼ SHUFFLE FWD

1,2      Rock fwd R, replace weight on L  
3&4      Turn ¼ right stepping side R (OLOD), step L next to R, turn ¼ right stepping fwd R (BLOD)  
5,6      Rock fwd L, replace weight on R  
7&8      Turn ¼ left stepping side L (OLOD), step R next to L, turn ¼ left stepping fwd L (FLOD)

Repeat

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