

Send Her My Love

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Vivienne Scott (CAN) - December 2015
音乐: Send My Love (To Your New Lover) - Adele : (CD: 25 - iTunes and amazon)



Intro: 16 counts on vocals

S1: □ SIDE MAMBO, SIDE MAMBO, STEP, PIVOT 1/2 TURN, STEP, FULL TURN TRIPLE

1&2 Rock right to right side. Recover onto left. Step right beside left.
3&4 Rock left to left side. Recover onto right. Step left beside right.
5&6 Step forward on right. Pivot 1/2 turn left. Step forward on right.
7&8 Triple full turn right traveling forward stepping left-right-left. (Option: Shuffle forward stepping left, right, left)

S2: □ FORWARD ROCK, STEP BACK, HEEL, COASTER STEP, FORWARD MAMBO, SHUFFLE 3/4 TURN

1&2& Rock forward on right. Recover on left. Step back on right. Touch left heel forward.
3&4 Step back on left. Step right beside left. Step forward on left.
5&6 Rock forward on right. Recover onto left. Step back on right.
7&8 Shuffle 3/4 curve turn left stepping left-right-left

S3: □ SYNCOPATED LOW KICKS, HEEL TOUCH, KNEE LIFT, HEEL TOUCH, SAILOR STEP, SAILOR 1/2 TURN

1&2& Kick right low kick forward. Step right beside left. Kick left low kick forward. Step left beside right.
3&4 Touch right heel slightly to right diagonal. Lift knee. Touch right heel slightly to right diagonal. (Styling: Hands in front waist high, turn palms down, up, down)
5&6 Cross right behind left. Rock left to left side. Step right to place.
7&8 Turn 1/2 left crossing left behind right. Rock right to right side. Step left to place. .

S4: □ SIDE ROCK CROSS x 2 (traveling slightly forward), SIDE ROCK CROSS & CROSS & CROSS

1&2 Rock right to right side. Recover onto left. Cross step right over left.
3&4 Rock left to left side. Recover onto right. Cross step left over right.
5&6 Rock right to right side. Recover onto left. Cross step right over left.
&7&8 Cross left behind right. Cross step right over left. Cross left behind right. Cross step right over left.

S5: □ FORWARD LUNGE 1/4 TURN, STEP, 1/2 TURN, STEP, SIDE, BACK ROCK, SIDE, BACK ROCK

1-2 Turn 1/4 left and lunge forward on left. Recover onto right. (Option Styling: Second time you start the dance facing 3 o'clock wall, emphasize the lunge with the music – you will be facing 3 o'clock when you do this.)
3&4 Step back on left. Turn 1/2 right and forward on right. Step forward on left.
5-6& Step right to right side. Cross rock left behind right. Recover onto right.
7-8& Step left to left side. Cross rock right behind left. Recover onto left.

Restart here during Wall 2. You will be facing 9 o'clock when you restart.

S6: □ 1/2 RHUMBA BOX, LEFT CHASSE, BACK ROCK, 1/2 TURN, BACK ROCK, 1/4 TURN

1&2 Step right to right side. Step left beside right. Step back on right.
3&4 Step left to left side. Step right beside left. Step left to left side.
5&6 Rock back on right. Recover onto left. Turn 1/2 left and step back on right.
7&8 Rock back on left. Recover onto right. Turn 1/4 right and step left to left side.

Ending: Change count 8 in Section 6 to 'Turn 1/2 right and step back on left, touch right heel forward.

