

# Follow The Rules

拍数: 48                      墙数: 2                      级数: Beginner  
编舞者: Stephanie Chong (MY) - December 2015  
音乐: Boys Like You (feat. Meghan Trainor & Ariana Grande) - Who Is Fancy



Intro: 16 counts

## SECTION ONE: (1-9) □ Step Forward, Side Rock, Triple Steps, Side Rock, Triple Steps

1-2-3                      Step L forward (1), Step R to side (2), Recover on L (3)  
4&5                      Step R beside L (4), Step L beside R (&), Step R beside L (4)  
6-7                      Step L to side (6), Recover on R (7)  
8&1                      Step L beside R (8), Step R beside L (&), Step L beside R (1) □ [12:00]

## SECTION TWO: (10-16) □ Back Rock, Toe Struts, Step Forward

2-3                      Rock R behind L (2), Recover on L (3)  
4-5,6-7                      Step R toes forward (4), Drop R heel (5), Step L toes forward (6), Drop L heel (7)  
8                      Step R forward (8)

## SECTION THREE: (17-25) Step Forward, Side Rock, Triple Steps, Side Rock, Triple Steps

1-2-3                      Step L forward (1), Step R to side (2), Recover on L (3)  
4&5                      Step R beside L (4), Step L beside R (&), Step R beside L (4)  
6-7                      Step L to side (6), Recover on R (7)  
8&1                      Step L beside R (8), Step R beside L (&), Step L beside R (1)

## SECTION FOUR: (26-32) Jazz ¼ with Cross, Side Rock, Touch

2-3-4-5                      Cross R over L (2), Step L back with 1/8 turn right (3), Step R side with 1/8 turn right (4),  
Cross L over R (5)  
6-7-8                      Rock R to side (6), Recover L (7), Touch R beside L (8) [3:00]

## SECTION FIVE: (33-40) □ Vine, Cross, Step Side, Points

1-2-3-4                      Step R to side (1), Step L behind R (2), Step R to side (3), Cross L over R (4)  
5-6-7-8                      Step R to side (5), Point L beside R (6), Point L to L side (7), Point L beside R (8)

## SECTION SIX: (41-48) □ Vine, Cross, Step Side, Heel Bounces

1-2-3-4                      Step L to side (1), Step R behind L (2), Step L to side (3), Cross R over L (4)  
5-6                      Step L to side (5), Touch R beside L (6)  
7&8                      Drop both heels (7), Raise both heels (&), Drop both heels (8), weight shifts to R  
(Note: As you drop and raise your heels, slowly make a ¼ turn right.) [6:00]

HAPPY DANCING!

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