

Only You

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Improver
编舞者: Siara Vigante (LAT) - December 2015
音乐: Gregorian by Vince Clarke



KICK BALL CHANGE,STEP,1/4TURN RIGHT STEP, RF SAILOR STEP, ROCK FORWARD

1&2 RF kick forward,RF step next to LF,LF step next to RF
3-4 RF step forward, turn ¼ right LF to the left side (3:00)
5&6 RF cross behind LF,LF step side left,RF step side right
7-8 LF rock forward, RF recover

LF SHUFFLE BACK,TOUCH,1/2 TURN RIGHT,LF SHUFFLE FORWARD,KICK OUT OUT

9 & 10 LF step back,RF step next to left,LF step back
11 12 RF touch back, ½ turn right (weight on the right) (9:00)
13&14 LF step forward,RF step next to left,LF step forward
15&16 RF kick forward, RF step to the right, LF step to the left

SAILOR ¼ TURN RIGHT,STEP,TOUCH BEHIND,STEP,SWEEP LEFT,WAVE TO THE RIGHT.SIDE ROCK

17& 18 RF cross behind LF,LF ¼ turn right step side left (12:00),RF step side right
19&20& LF step forward,RF touch behind the LF,RF step back,Sweep LF from front to the back
21&22 Step LF behind RF,RF step to the right,LF step across the RF
23 - 24 Rock RF to the right side, Recover to the LF

WAVE TO THE LEFT,ROCK ¼ TURN RIGHT,STEP DIAG.TOUCH,SWAY HIPS

25&26 Step RF behind LF,Step LF to the left,RF step across the LF
27 -28 LF rock to the left, turn ¼ right recover on RF (3:00)
29 -30 LF step forward to the left diagonal, RF touch next to left (1:30)
31 -32 RF step to the right sway Right hip right, Sway Left hip left (1:30)

FULL AND 3/8 TRIPPLE TURN RIGHT, ROCK FORWARD, LOCK STEP BACK, SWEEP AROUND

33&34 RF turn ¼ right,turn ½ right LF step back,turn ½ right RF step forward(6:00)
35&36 LF step forward, RF recover
37&38 LF step back,lock RF across LF,Step back on LF
39 -40 Sweep RF from front to the back around LF, Step back on RF

ROCK BACK, RECOVER, LOCK FORWARD,ROCK FORWARD, RECOVER,SWEEP RIGHT, STEP

41 -42 LF step back, recover on RF forward
43&44 LF step forward, Lock step RF behind LF,Step forward on LF
45 -46 RF step forward, LF recover
47-48 Sweep RF from front to the back around LF, Step back on RF

ROCK SIDE, WAVE RIGHT, ROCK SIDE, WAVE LEFT

49 -50 LF rock side to the left, RF recover
51&52 Step LF behind RF, Step RF to the right, Step LF across the RF
53 -54 RF rock side to the right, LF recover
55&56 Step RF behind LF, Step LF to the left, Step RF across the LF

PRESS FORWARD, RECOVER, COASTER STEP, PRESS FORWARD,HOLD, TOUCH

57-58 LF press forward, RF recover weight
59&60 LF step back, RF step next to LF, LF step forward
61-62 RF press forward, Hold
63 -64 LF recover weight, RF touch next to the LF

REPEAT

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