

One More Night

COPPER KNOB
STEPSHEETS

拍数: 56 墙数: 2 级数: Novice / Intermediate Disco
编舞者: Siara Vigante (LAT) - December 2015
音乐: Ester Hart by Tjeerd van Zanene, Alan Michael (Holland)



S1: SIDE RIGHT, CROSS OVER, SIDE RIGHT, STEP TOUCH. REPEAT TO THE LEFT

1-2 Step Right Foot To Right Side. Cross Left Over Right.
3-4 Step Right Foot To Right Side. Touch Left Beside Right.
5-6 Step Left Foot To Left Side. Cross Right Over Left.
7-8 Step Left Foot To Left Side. Touch Right Beside Left

S2: STEP, TOUCH, STEP TOUCH, STEP HEEL TURNS

1-2 Step Right Forward, Touch Left Next To Right
3-4 Step Left Back, Touch Right Next To Left
5-6 Step Right Foot To Right Side, Left Heel Turn To Right
7-8 Left Heel Turn Back (Weight On Left), Right Heel Turn Left

RESTART comes here on wall 5

S3: STEP RIGHT, TOUCH LEFT BEHIND, HOLD, 1/2 TURN BACK UNWIND, 2X LEFT KICK BALL CHANGES

1-2 Step Right Foot To Right Side, Touch Left Toe Behind Right
3-4 Hold. Unwind 1/2 Turn Left (Weight Still On Right)
5&6 Left Kick Ball Change Forward
7&8 Left Kick Ball Change Forward

S4: STEP CROSS, STEP SIDE, COASTER STEPS 2 X.

1-2 Left Cross Over Right, Step Right Foot To Right
3-4 Step Left Back. Step Right Beside Left. Step Left Forward.
5&6 Right Cross Over Left, Step Left Foot To Left
7&8 Step Right Back. Step Left Beside Right. Step Right Forward.

S5: ROCKING CHAIR TO RIGHT DIAGONAL, STEP 1/2 TURN, STEP, STEP OUT

1-2 Left Rock Forward On Right Diagonal, Weight Back On Right Foot
3-4 Left Rock Back, Weight Back On Right (Face Still On Right Diagonal)

BRIDGE starts here after wall 4

5&6 Step Left Foot Forward On Right diagonal, 1/2 Pivot Turn Right
7&8 Step Left Forward on Diagonal, Step Right Foot Out (Still On Diagonal)

S6: APPLE JACKS, STEP, TOUCH, 1/8 STEP TOUCH

&1 Take Weight On Right Toe And Left Heel and Swivel Right Heel And Left Toe To Left, Return Both Feet To Place
&2 Take Weight On Left Toe And Right Heel and Swivel Left Heel And Right Toe To Left, Return Both Feet To Place
&3&4 Repeat Steps & 1 & 4
5-6 Right Step Side To Right (Still On Diagonal), Left Touch Next To Right
7-8 1/8 Turn To Left Step Left, Touch Right Beside To Left

S7: STEP FORWARD, 1/2 TURN RIGHT, 1/2 TURN RIGHT, TOUCH, BACK LEFT, BACK RIGHT, 1/2 UNWIND TURN LEFT

1-2 Step Forward On Right, 1/2 Turn Right Step Back On Left
3-4 1/2 Turn Right Step Right Forward, Touch Left Beside Right
5-6 Step Back On Left, Step Back On Right
7-8 Touch Left Behind Right, Unwind 1/2 Turn Left (Weight On Left)

REPEAT

TAG: 8-COUNTS ON 2 WALL AFTER FIRST 32 COUNTS (MAKE FULL CIRCLE UNCLOCK) TOUCH, STEP

- 1&2& Touch Left Toe Next To Right, Step On Left. Touch Right Toe Next To Left, Step On Right
3&4& Touch Left Toe Next To Right, Step On Left . Touch Right Toe Next To Left, Step On Right.
5-8 Repeat Steps 1&2&, 3&4&

BRIDGE after wall 4 repeat the counts 37-56 (Weight on The Right)

RESTART on wall 5 after count 16

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