

No Better Love

COPPER KNOB
STEPSHEETS

拍数: 80 墙数: 2 级数: Phrased Intermediate
编舞者: Lorenzo Golo Evans (USA), Ruben Luna (USA) & Lynne Martino (USA) - January 2016
音乐: Ain't Nobody (Loves Me Better) (feat. Jasmine Thompson) - Felix Jaehn : (iTunes and Amazon mp3)



Start after 16 cts with just a little bit of hesitation on the last two counts.
Start on the word "Captured". Sequence A, BB, A, BB, 4 ct tag, A, BB

Part A- 48 cts,

A[1-8]□□STEP, HITCH, 2 WALKS, SWEEP, STEP, STEP

1-4 Step L forward (1), hitch R next to L knee out, (2), walk forward R, L (3,4)
5-8 Step R forward (5), sweep L back to front (6), cross L over R step onto L (7), step R back (8)

A[9-16]□□STEP, DRAG, ROCK, RECOVER, ¼ STEP, SWEEP, STEP, ¼ STEP

1-4 Step L back (big step) (1), drag R back (2), rock R back (3), recover forward onto L (4)
5-8 Step R forward ¼ right (5) (3:00), sweep L across R (6), step on L (7), step R back ¼ left (12:00)

A[17-24]□□½ TURN STEP, HITCH, 2 WALKS, SWEEP, STEP, STEP

1-4 Making ½ turn left, step L forward (1) (6:00), hitch R next to L knee out, (2), walk forward R,L,(3,4)
5-8 Step R forward (5), sweep L back to front (6), cross L over R step onto L (7), step R back (8)

A[25-32]□□STEP, DRAG, ROCK, RECOVER, ¼ STEP, SWEEP, STEP, ¼ STEP

1-4 Step L back (big step) (1), drag R back (2), rock R back (3), recover forward onto L (4)
5-8 Step R forward ¼ right (5) (9:00), sweep L across R (6), step on L (7), step R back ¼ left (6:00)

A[33-40]□□½ TURN STEP, HITCH, 2 WALKS, SWEEP, STEP, STEP

1-4 Making ½ turn left, step L forward (1) (12:00), hitch R next to L knee out walk forward R, L,(3,4)
5-8 Step R forward (5), sweep L back to front (6), cross L over R step onto L (7), step R back (8)

A[41-48]□□STEP, DRAG, STEP, HITCH, 4 WALKS

1-4 Step L back (big step) (1), drag R back (2), step R back (3), hitch L (4)
5-8 Walk forward L, R, L, R (5-8)

Part B - 32 cts.

B1: STEP, ROCK, RECOVER, ½ TURN, TRIPLE STEP, ½, ½, TRIPLE STEP

1,2,3,4 & 5 Step L forward (1), rock R forward (2), recover on L (3), making ½ turn right, step R forward(4)(6:00), step L next to R(&), step R forward(5)
6, 7, Turning ½ right step back on L, (12:00) turning ½ right step R forward (7) (6:00)
8&1 Step L forward (8), step R next to L (&), step L forward (1)

B2: ROCK, RECOVER, ¼ TRIPLE STEP, CROSS, BACK, COASTER STEP

2, 3, 4 & 5 Rock R forward (2), recover on L (3), turning ¼ right step R to right side(4), (9:00) step L next to R(&), step R to right side(5)
6, 7, 8&1 Cross L over R(6), step R back(7), step L back(8), step R next to L(&), step L forward (1)

B3: HEEL GRIND, COASTER STEP, STEP, ½, LOCK STEP

2,3,4&5 Placing weight on R heel turn foot towards L and grind heel to bring R to point to the right(2,3) Placing weight on L, step R back (4), step L next to R(&), step R forward(5)

6,7,8&1 Step L forward(6), turning $\frac{1}{2}$ left, step back on R(7) (3:00), step L back(8), lock R in front of L(&), step L back(1)

B4: ROCK, RECOVER, TRIPLE STEP, 2 WALKS, STEP, $\frac{1}{4}$ TURN

2,3,4&5 Rock R back(2), recover on L(3), step R forward(4), step L next to R(&), step R forward(5)

6,7,8& Walk forward L, R(6,7), $\frac{1}{4}$ turn right rock L to left side(8) (6:00), recover onto R(&)

***Count 1 is the beginning of Part B or A**

***4 COUNT TAG happens after 4th B**

At the end of Part B, after you make the $\frac{1}{4}$ turn place your weight on the R and bring your right arm up with palm out for two counts and down with palm in for two counts.

Dance ends on front wall. Yeah!!

Choreographer's Information

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