

Something Good (美好事物) (zh)

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Maggie Gallagher (UK) - 2010年02月
音乐: I'm Into Something Good - The Bird and the Bee



前奏: Intro: 16 Counts (7 Secs) 16拍 (約7秒) 後起跳

第一段 Rock Recover & Rock Recover, Left Coaster, Right Shuffle 下沉回復, 下沉回復, 海岸步, 前交換

- 1-2 Rock forward on right, Recover on left
右足前下沉, 左足回復
- &3-4 Step right next to left, Rock forward on left, Recover on right
右足併踏, 左足前下沉, 右足回復
- 5&6 Step back on left, Step right next to left, Step forward on left
左足後踏, 右足併踏, 左足前踏
- 7&8 Step forward on right, Step left next to right, Step right next to left 右足前踏, 左足併踏, 右足併踏

第二段 Walk Left, Walk Right, Pivot Half Left, Walk Right, ½ Turn Right, ¼ Turn Right, Left Crossing Shuffle 左走步, 右走步, 踏轉, 右走步, 右轉, 右1/4, 交叉交換

- 1-2 Walk forward on left, Walk forward on right
左足前走, 右足前走
- 3-4 Pivot half turn left, Walk forward on right (06:00)
左軸轉180度, 右足前走(面向6點鐘)
- 5-6 Half turn right stepping back on left, Quarter turn right stepping right to right side (03:00)
右轉180度左足後踏, 右轉90度右足右踏(面向3點鐘)
- 7&8 Cross left over right, Step right to right side, Cross left over right
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏

第三段 Side Behind And Heel, Hold, Right Vauderville, Left Vauderville 側後側踵, 候, 併前後踵收前後踵

- 1-2 Step right to right side, Cross left behind right
右足右踏, 左足於右足後交叉踏
- &3-4 Step right to right side, Tap left heel forward on left diagonal, HOLD
右足右踏, 左足踵左斜前點, 候
- &5&6 Step left next to right, Cross right over left, Step back on left, Tap right heel on right diagonal
左足併踏, 右足於左足前交叉踏, 左足後踏, 右足踵右斜前點
- &7&8 Step right next to left, Cross left over right, Step back on right, Tap left heel on left diagonal (03:00)
右足併踏, 左足於右足前交叉踏, 右足後踏, 左足踵左斜前點

第四段 Left Ball Back, Step Right Forward, Pivot Half Left, Right Shuffle, Left Wizard Step, Touch, Hold 後踏, 前踏, 軸轉, 交換步, 桃樂蒂步, 點, 候

- &1-2 Step back onto ball of left foot, Step forward on right, pivot half left (9:00) 左足後踏, 右足前踏, 左軸轉180度(面向9點鐘)
- 3&4 Step forward on right, Step left next to right, Step forward on right
右足前踏, 左足併踏, 右足前踏
- 5-6& Step left forward on a left diagonal, Lock right behind left, Step forward on left 左足左斜前踏, 右足於左足後鎖踏, 左足前踏

7-8 Touch right next to left, HOLD 右足併點, 候

第五段 ¼ Turn Left, Touch, Hold, Side Kick Kick, Side Kick Kick, Side Cross Hold 左1/4, 點, 候, 側踢踢, 側踢踢, 側交叉, 候

&1-2 Quarter turn left putting weight on right, Touch Left next to right, HOLD (6:00) 左轉90度重心在右足, 左足併點, 候

&3-4 Step on to left, Low kick right across left x2
左足踏, 右足於左足前略低交叉踢二次

&5-6 Step right to right side, Low kick left across right x2
右足右踏, 左足於右足前略低交叉踢二次

&* Step left to left side (*RESTART here DURING wall 3)
左足左踏 (第三面牆跳至此, 從頭起跳)

7-8 Cross right over left, HOLD 右足於左足前交叉踏, 候

第六段 Left Side, Right Behind, Hold, Left Side, Cross Rock Recover, ¼ Turn Right, ½ Turn Right, ½ Turn Right, Together
左踏, 右後, 候, 左踏, 交叉下沉回復, 右1/4, 右1/2, 併

&1-2 Left Step left to left side, Cross right behind left, HOLD
左足左踏, 右足於左足後踏, 候

&3-4 Step left to left side, Cross rock right over left, Recover on left
左足左踏, 右足於左足前交叉下沉, 左足回復

5-6 Quarter turn to right stepping forward on right, Half turn right stepping back on left (3:00)
右轉90度右足前踏, 右轉180度左足後踏(面向3點鐘)

7-8 Half turn right stepping forward on right, Step left next to right (9:00) 右轉180度右足前踏, 左足併踏(面向9點鐘)
