

Senorita (親愛的小姐) (zh)

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Beginner
编舞者: Craig Bennett (UK) - 2009年10月
音乐: I Love Senioritas - Alex Swings Oscar Sings!



- 第一段** **Rock Recover, Coaster Step, Rock Recover, ½ turn Shuffle**
下沉回復, 海岸步, 下沉回復, 轉交換
- 1-2 Rock forward onto right, recover back onto left
右足前下沉, 左足回復
- 3&4 Step right back, Step left next to right, Step forward right
右足後踏, 左足併踏, 右足前踏
- 5-6 Rock forward onto left, Recover back onto right
左足前下沉, 右足回復
- 7&8 ½ turn left stepping forward onto left, Step right in place, step forward left 左轉180度左足前踏, 右足踏, 左足前踏
- 第二段** **Rock Recover, Coaster Step, Rock Recover, ¼ turn Shuffle**
下沉回復, 海岸步, 下沉回復, 1/4轉交換追步
- 1-2 Rock forward onto right, recover back onto left
右足前下沉, 左足回復
- 3&4 Step right back, Step left next to right, Step forward right
右足後踏, 左足併踏, 右足前踏
- 5-6 Rock forward onto left, Recover back onto right
左足前下沉, 右足回復
- 7&8 ¼ turn left stepping side onto left, Step right in place, step side left 左轉90度左足左踏, 右足踏, 左足左踏
- 第三段** **Cross Point, Cross Point, Rock forward, Rock Back**
交叉點, 交叉點, 搖椅步(rocking chair)
- 1-2 Cross right over left, point left to left side
右足於左足前交叉踏, 左足左點
- 3-4 Cross left over right, point right to right side
左足於右足前交叉踏, 右足右點
- 5-6 Rock forward onto right, Recover back onto left
右足前下沉, 左足回復
- 7-8 Rock back onto right, Recover forward onto left
右足後下沉, 左足回復
- 第四段** **Rock Recover, ¼ Side Shuffle, Cross Side, Behind Side**
下沉回復, 1/4轉追步, 藤步(Weave)
- 1-2 Rock forward onto right, recover back onto left
右足前下沉, 左足回復
- 3&4 ¼ turn right stepping right to right side, Close left beside right, step right to right side
右轉90度右足右踏, 左足併踏, 右足右踏
- 5-6 Cross left over right, Step right to right side
左足於右足前交叉踏, 右足右踏
- 7-8 Step left behind right, step right to right side
左足於右足後踏, 右足右踏

第五段 Rock recover, Side Shuffle, Cross Side, Hold Stomp
下沉回復, 追步, 交叉側踏, 候, 重踏

- 1-2 Cross rock left over right, Recover back onto right
左足於右足前交叉下沉, 右足回復
- 3&4 Step left to left side, close right next to left, step left to left side 左足左踏, 右足併踏, 左足左踏
- 5-6 Cross right over left, Step left to left side
右足於左足前交叉踏, 左足左踏
- 7-8 Hold on count 7, stomp right next to left
候, 右足併重踏

第六段 Paddle ½ turn, Step, Paddle ½ turn, Step
划槳轉1/2, 踏, 划槳轉1/2, 踏

- 1-2 Touch right toe to side making 1/8 turn left, Repeat (paddle) finishing ¼ turn 左轉45度右足趾右點, 左轉45度右足趾右點
- 3-4 Touch right toe to side making 1/8 turn left, Repeat stepping onto right 左轉45度右足趾右點, 左轉45度右足右踏
- 5-6 Touch left toe to left side making 1/8 turn right, Repeat (paddle) finishing ¼ turn 右轉45度左足趾左點, 右轉45度左足趾左點
- 7-8 Touch left toe to left side making 1/8 turn right, Repeat stepping onto left 右轉45度左足趾左點, 右轉45度左足左踏

* On wall 3 Repeat section 1 twice, Then restart the dance
第三面牆再重覆跳第一段兩次後, 從頭起跳

** At the END on wall 6 add 2 bumps right left start dance again
第六面牆結束時, 加二次推臀-右推臀, 左推臀後, 從頭起跳
