

It Feels Good

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Larry Schmidt (USA) - August 2015
音乐: It Feels Good - Drake White



**** (Thanks to Laurie Urban for suggesting song) ****

#24 ct intro. Start on vocals, Wt on left.

[1-8] □ SIDE ROCK, RECOVER, CROSS-&-CROSS, SIDE ROCK, RECOVER, COASTER W/ ¼ TURN

1, 2 Rock right onto right foot, Recover weight to left,
3&4 Step right across left, Step left foot left, Step right across left,
5, 6 Rock left onto left foot, Recover weight to right,
7&8 Turn ¼ left stepping back onto left, Step right next to left, Step left forward.(9:00)

[9-16] □ ¼ PADDLE X2, CROSS, SIDE-TOGETHER-SIDE, TOUCH

1, 2 Step right foot forward, pivot ¼ left onto left. (6:00)
3. 4 Step right foot forward, Pivot ¼ left onto left, (3:00)
5, 6 Step right across left, Step left foot left,
&7, 8 Step right next to left, Step left foot left, Touch right next to left.

(RESTART HERE ON WALL 3)

[17-24] □ STEP, POINT, HOLD, TOGETHER, POINT, HOLD, TOGETHER-KICK-TOGETHER-KICK-TOGETHER-TOUCH, CLAP, CLAP

&1, 2 Step right in place, Point left toes left, Hold,
&3. 4 Step left next to right, Point right toes right, Hold,
&5&6 Step right next to left, Kick left foot forward, Step left next to right, Kick right foot forward,
&7&8 Step right foot next to left, Touch left toes forward, Clap, Clap,

[25-32] □ STEP, HOLD, TOEGTHER, STEP, HOLD, TOGETHER, ROCK, RECOVER, TRIPLE FULL TURN

1, 2 Step left foot forward, Hold,
&3, 4 Step right foot near left, Step left foot forward, Hold,
&5 -6 Step right foot near left, Rock forward onto left, Recover weight to right,
7&8 Turn ½ left onto left, Step right next to left, Turn ½ left onto left, (3:00)

(Easier option for 7&8: Replace turning triple with 3 steps small steps back.)

FINISH: To finish facing 12:00, Replace the last Triple Full Turn (31&32) with a Triple ½ Turn to the front.

REPEAT & ENJOY

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