

Smoke Break

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BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Fabrizio Modelli (IT) - December 2015
音乐: Smoke Break - Carrie Underwood



Start dance with lyrics

Sect 1: □ Jazz Box ¼ turn R, Toe, L Stomp twice, L Jump Rock, L Stomp, R Toe, R Kick ¼ turn R

1&2& R step fwd cross L, L step side, R step side ¼ turn right, L step beside right
3&4 R Toe fwd recover weight on right, L stomp beside right (twice)
5&6 L Back Rock Jump (recover weight on right), L stomp beside right
7&8& R Toe fwd, R Kick ¼ turn right, R step, L step beside right

Sect 2: □ JUMP STEP OUT, IN, OUT, IN (back kick R), JUMP STEP OUT, IN, OUT, IN (back kick L), L Pivot ¼ turn left, Jump Back Rock, L Stomp

1&2& Jump step OUT L&R together, Jump step IN L&R together, Jump step OUT L&R together,
Jump L IN R Kick back L (weight on Left)
3&4& Jump step OUT L&R together, Jump step IN L&R together, Jump step OUT L&R together,
Jump R IN L Kick back L (weight on Right)
5&6& ¼ turn left L step fwd, R step fwd ½ turn, ½ turn left L step fwd, R step beside Left
7&8 Jump L back rock (recover weight on right), L stomp beside Right)

*END Dance at eight wall

Sect 3: □ L Back Shuffle ½ turn, R Fwd shuffle ½ turn, L Coster step, R Kick ball change

1&2 Back Shuffle L-R-L ½ turn left
3&4 Fwd Shuffle R-L-R ½ turn left (weigh on right)
5&6 L step back, R step back beside left, L step fwd (weight on left)
7&8 kick right, ball right, step fwd left

Sect 4: □ Jump R Rock fwd, Jump R rock back, L Kick, Jump R Rock fwd, Jump R rock back, L Kick, Scuff, R side Rock

1&2& R jump Rock fwd (1/8 diagonal) recover on left, R jump rock back, kick left recover on left
3&4& R jump Rock fwd (1/8 diagonal) recover on left, R jump rock back, kick left recover on left
5&6& R step side, L Scuff, L step side, R Scuff
7&8 R step side (recover weight on left), R step beside left (weight on left)

*TAG after second Wall

TAG : After sect. 2 of second wall □

L Shuffle ¼ turn, R Step ½ turn, R Schuffle fwd, L Sailor ¼ turn □

1&2 Shuffle L-R-L ¼ turn left
3,4 R step fwd ½ turn (weight on left)
5&6 Shuffle R-L-R
7&8 L step behind R ¼ turn left, R step beside Left, L step fwd

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