

Move Like You Do

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Krista Rotondo - December 2015
音乐: Move - Luke Bryan



RESTART: wall 6 after 16 cts

START: after 32 counts at lyrics

R Rock-step, R Coaster, L Rock-step, L ½ turn triple step

1-2 R fwd step-recover weight on L
3&4 R back step - L step nxt to R - R fwd step
5-6 L fwd step-recover weight on R
7&8 ½ L turn on L-R-L (6:00)

½ L turn, Heel swivel, step-kick&point, cross back, L full unwind

1-2 ½ L turn onto R step(12:00) – L back step (equal weight on both feet for swivel)
3-4 swivel heels to ¼ R (body/knees facing L)– then ¼ L to return to original position
&5&6 L step-R fwd kick-R step nxt to L-L point out to L side
7-8 cross L ball of foot behind R, L full unwind transferring weight to L (12:00)

RESTART WALL 6

R Hiprolls, R Sailor, L Hiprolls, L ¼ turn Sailor

1-2 R step out to R side to begin 2 R hiprolls (clockwise rotation end weight on L)
3&4 R step behind L- transfer weight on L- R step to R side
5-6 2 L hiprolls (counter-clockwise end weight on R)
7&8 L step behind R-1/4 L turn transfer weight on R- L fwd step (9:00)

4 Heel switches w/ ½ L turn, (2) ¼ R pivot turn ball-changes (alt pivot w/ 2 stomps)

1&2&3&4 Rotate ½ L turn while switching heels (3:00)
(R heel fwd-R step-L heel fwd-L step-R heel fwd-R step-L heel fwd-Lstep)
5&6 ¼ R pivot turn weight onto L-R ball step(alt stomp)- Lfwd step(alt stomp)(6:00)
7&8 ¼ R pivot turn weight onto L-R ball step(alt stomp)- Lfwd step(alt stomp)(9:00)

Created 12/09/15 stepsheet by Annemarie Dunn

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