

Sundown Waltz (日落華爾滋) (zh)

COPPER KNOB
STEPSHETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Robbie McGowan Hickie (UK) - 2003年07月
音乐: Sundown in Nashville - Marty Stuart



前奏 : Start on vocals. Dance Rotates in CW Direction

第一段 Basic Waltz Forward. Full Turn Right. 前華爾滋, 三步右轉圈

1-3 Step forward on Left. Step Right beside Left. Step Left in place.
左足前踏, 右足併踏, 左足踏

4-6 Turn a Full turn Right on the spot stepping Right. Left. Right.
原地三步右轉圈-右, 左, 右
Easier :Counts 4-6 above ...Basic Waltz (slightly back) stepping Right. Left. Right. 簡易版:後華爾滋-右, 左, 右

第二段 Weave Right. Quarter Turn Right. Step Forward. Pivot Quarter Turn Right. 右藤步, 右1/4 踏 轉1/4

1-3 Cross step Left over Right. Step Right to Right side. Cross step Left behind Right. 左足於右足前交叉踏, 右足右踏, 左足於右足後交叉踏

4-6 Step Right 1/4 turn Right. Step forward on Left. Pivot 1/4 turn Right. (Facing 6 o'clock) 右轉90度
右足踏, 左足前踏, 右轉90度(面向6點鐘)

第三段 Left Twinkle. Right Twinkle. 左華士步, 右華士步

1-3 Cross step left over Right. Step Right to Right side. Step Left in place. 左足於右足前交叉踏, 右足右踏, 左足踏

4-6 Cross step Right over Left. Step Left to Left side. Step Right in place. 右足於左足前交叉踏, 左足左踏, 右足踏

第四段 Weave Right. Quarter Turn Right. Step Forward. Pivot Quarter Turn Right. 右藤步, 右1/4 踏 轉1/4

1-3 Cross step Left over Right. Step Right to Right side. Cross step Left behind Right. 左足於右足前交叉踏, 右足右踏, 左足於右足後交叉踏

4-6 Step Right 1/4 turn Right. Step forward on Left. Pivot 1/4 turn Right. (Facing 12 o'clock) 右轉90度
右足踏, 左足前踏, 右軸轉90度(12點鐘)

第五段 Cross. Quarter Turn Left. Step Back. Basic Waltz Back. 交叉, 左1/4, 後, 後華爾滋

1-3 Cross step Left over Right. Turn 1/4 Left stepping back on Right. Step back on Left. 左足於右足前交叉踏, 左轉90度右足後踏, 左足後踏

4-6 Step back on Right. Step Left beside Right. Step Right in place. (Facing 9 o'clock) 右足後踏, 左足併踏, 右足踏(面向9點鐘)

第六段 Cross. Rock Steps (Left & Right) (Travelling Forward) 交叉 右下沉 回復, 交叉 左下沉 回復(往前移)

1-3 Long step Left forward across Right. Rock Right to Right side. Recover weight on Left. 左足於右足前交叉踏, 右足右下沉, 左足回復

4-6 Long step Right forward across Left. Rock Left to Left side. Recover weight on Right. 右足於左足前交叉踏, 左足左下沉, 右足回復

第七段 **Cross. 2 x Diagonal Kicks Forward. Step Back. Side Rock.**
交叉, 斜前踢二次, 後踏 左下沉 回復

- 1-3 Step Left forward across Right. Kick Right diagonally forward Right x 2. 左足於右足前交叉踏, 右足右斜角踢二次
- 4-6 Step back on Right. Rock ball of Left to Left side. Recover weight on Right. 右足後踏, 左足左下沉, 右足回復

第八段 **Cross. 2 x Quarter Turns Left. Cross. Touch. Hold.**
交叉, 左1/4 1/4, 交叉, 點, 候

- 1 Cross step Left over Right. 左足於右足前交叉踏
- 2-3 Turn 1/4 turn Left stepping back on Right. Turn 1/4 turn Left stepping Left to Left side. 左轉90度 右足後踏, 左轉90度左足左踏
- 4-6 Cross step Right over Left. Touch Left toe to Left side. Hold. (Facing 3 o'clock) 右足於左足前交叉踏, 左足趾左點, 候(面向3點鐘)
-