

Fire Under My Feet

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Jon Levant (USA) & Gail Levant (USA) - December 2015
音乐: Fire Under My Feet - Leona Lewis : (Album: I Am - Deluxe Edition)



Start after 16 counts

Section 1: □ Cross, Side, Sailor Step Cross, Side Behind and Cross

1-2 Cross R foot over L foot, Step L foot to left
3&4 Sweep R foot behind L foot-Step L foot to left-Step R foot to right
5-6 Cross L foot over R foot, Step R foot to right
7&8 Cross L foot behind R foot-Step R foot to right-Cross L foot over R foot

Section 2: □ Side Rock Recover, Cross Shuffle, ¼ Turn X2, Mambo FWD

1-2 Rock R foot to right, Recover on L foot
3&4 Cross R foot over L foot-Step L foot to left-Cross R foot over L foot
5-6 Step L foot back into ¼ turn right, Step R foot FWD into ¼ turn right (6:00)
7&8 Rock L foot FWD-Recover on R foot-Step L foot slightly back

Restart here during wall 4 facing 12:00

Section 3: □ Coaster-Cross and Cross and Cross, ¼ left, ½ left, Rock Back, Recover

1&2 Step R foot back-Step L foot next to R foot-Cross R foot over L foot
&3&4 Step L foot small step to left-Cross R foot over L foot-Step L foot small step to left-Cross R foot over L foot
5-6 Step L foot ¼ turn left (3:00), Step R foot back ½ turn left (9:00)
7-8 Rock back on L foot, Recover onto R foot

Section 4: □ Step-Lock-Step, ½ Turn left X2, Mambo FWD, Sailor turn ¼ left

1&2 Step L foot FWD-Lock R foot behind L foot-Step L foot FWD slightly left preparing for turn
3-4 Step R foot back into ½ turn left, Step L foot FWD into ½ turn left (9:00)
5&6 Rock FWD on R foot-Recover on L foot-Step R foot slightly back
7&8 Sweep L foot behind R foot-Step R foot ¼ turn left-Step L foot to left (6:00)

Start over

Restart: Dance the first 16 counts of wall 4 and then restart the dance. You will be facing 12:00 for the restart.

Optional Ending: In order to end facing 12:00 as the music is ending you will be dancing counts 5&6 of Section 4 facing 9:00.

Modify counts 7&8 of Section 4 as follows:

5&6 Rock R foot FWD-Recover on L foot-Step R foot slightly back (9:00)
7&8 Step L foot back into ¼ turn right (12:00)-Step R foot slightly to right-Cross L foot over R foot while extending arms out to sides with palms facing forward and smile.

Contact: jonandgail@prodigy.net