

# Speak With Your Heart (真心告白) (zh)

COPPER KNOB  
STYLEDANCE

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - 2009年05月  
音乐: Don't Tell Me You're Not In Love - Collin Raye : (CD: Never Going Back)



前奏 : Start after 32 count intro 32拍後起跳

- 第一段**      **R Side, L Cross Rock & Recover, L Cha With ¼ L, R Fwd, ¼ L Pivot Turn, R Cross Shuffle**  
右側, 左交叉下沉回復, 左1/4追步轉, 右前, 左1/4, 右交叉交換
- 1-3      Step R side, L cross rock, recover weight on R  
右足右踏, 左足交叉下沉, 右足回復
- 4&5      Step L side, step R together, turning ¼ left step L forward (9 o'clock) 左足左踏, 右足併踏, 左轉90度左足前踏(面向9點鐘)
- 6-7      Step R forward, pivot ¼ left (6 o'clock)  
右足前踏, 左軸轉90度(面向6點鐘)
- 8&1      Cross step R over L, step L side, cross step R over L  
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏
- ENDING:      DURING the 9th wall (which starts facing L side wall) to end the dance facing front: dance counts 1-5 above and then add the following:  
跳至第九面牆為了面向前面牆結束, 1-5拍照舊, 改變剩下舞步
- 6-7      Step R forward, pivot ½ L (12 o'clock)  
右足前踏, 左軸轉180度(面向12點鐘)
- 8&1      Step R forward, step L together, step R forward & hold  
右足前踏, 左足併踏, 右足前踏(停拍)
- 第二段**      **L Side Rock & Recover, L Sailor, R Behind, ¼ Step L Fwd, R Fwd, L Fwd Rock & Recover**  
左下沉回復, 左水手, 右後, 左1/4前踏, 右前, 左前下沉回復
- 2-3      Rock L side, recover weight on R 左足左下沉, 右足回復
- 4&5      Cross step L behind R, step R side, step L side  
左足於右足後交叉踏, 右足右踏, 左足左踏
- 6&7      Cross step R behind L, turning ¼ left step L forward, step R forward (3 o'clock)  
右足於左足後交叉踏, 左轉90度左足前踏, 右足前踏(面向3點鐘)
- 8-1      Rock L forward, recover weight on R 左足前下沉, 右足回復
- 第三段**      **Full L Turn Back, L Coaster Step, R Syncopated Fwd Box Step, Start Of L Box Back** 左後轉圈, 左海岸, 右變奏前方塊, 準備左後方塊
- 2-3      Travelling back turn ½ left and step L forward, turning ½ left step R back (3 o'clock)  
左轉180度左足前踏, 左轉180度右足後踏 (面向3點鐘)
- Easy:      Walk back only on counts 2-3 左足後走, 右足後走
- 4&5      Step L back, step R together, step L forward  
左足後踏, 右足併踏, 左足前踏
- 6&7      Step R side, step L together, step R forward  
右足右踏, 左足併踏, 右足前踏
- 8      Step L side 左足左踏
- 第四段**      **Finish The Box (Side/Together), R Back, L Coaster, R Fwd, ¼ L Pivot, ¼ L & R Cha**  
接續左後方塊, 右後, 左海岸, 右前, 左1/4, 左1/4, 右追步
- 1-3      Step R together, step L back, step R back  
右足併踏, 左足後踏, 右足後踏
- 4&5      Step L back, step R together, step L forward  
左足後踏, 右足併踏, 左足前踏
- 6-7      Step R forward, pivot ¼ left swaying hips (6 o'clock)  
右足前踏, 左軸轉90度推臀(面向6點鐘)

- 8& Turning  $\frac{1}{4}$  left step R side, step L together (9 o'clock)  
左轉90度右足右踏, 左足併踏(面向9點鐘)  
(completing the cha on count 1 to start the dance again)  
與第一段第1拍接續成一右追步

**TAG:** AFTER dancing 4 walls you will be facing the front wall again. Dance the following 8 counts and begin the dance again facing front.

加拍：第四面牆面向前面牆時, 加下面8拍後從頭起跳

- 1-3 Step R side, L cross rock, recover weight on R  
右足右踏, 左足交叉下沉, 右足回復
- 4&5 Step L side, step R together, turning  $\frac{1}{4}$  left step L forward (9 o'clock) 左足左踏, 右足併踏, 左轉90度左足前踏(面向9點鐘)
- 6-7 Step R forward, pivot  $\frac{1}{2}$  left (3 o'clock)  
右足前踏, 左軸轉180度(面向3點鐘)
- 8& Turning  $\frac{1}{4}$  right step R side, step L together (12 o'clock)  
右轉90度右足右踏, 左足併踏(面向12點鐘)
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