

El Pasado

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Beginner
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音乐: El Pasado - Win y Mauro : (iTunes, amazon.com, etc.)



Count in: Dance starts almost immediately. You will hear lyrics "El Pasado", start on "sado"

S1: R forward mambo, L back mambo, R cross shuffle, L side rock cross

1&2 Rock forward R, recover weight L, step back R (12.00)
3&4 Rock back L, recover weight R, step forward L
5&6 Cross R over L, step L to left side, cross R over L
7&8 Rock L to left side, recover weight R, cross L over R

S2: R side, L together, R chasse, L&R back rock side

1-2 Step R to right side, step L next to R
3&4 Step R to right side, step L next to R, step R to right side
5&6 Cross L behind R, recover weight R, step L to left side
7&8 Cross R behind L, recover weight L, step R to right side

S3: L Charleston, L forward touch with ¼ turn right, L back, R back mambo with touch

1-4 Touch L toe forward, step L back, touch R toe back, step R forward
5-6 Make ¼ turn right touching L toe forward, step L back (3.00)
7&8 Rock back R, recover weight L, touch R toe next to L

S4: Half paddle turn left with R knee hitches, half paddle turn right with hip bumps

1& Point R toe out to right side making 1/8 turn left, hitch R knee
2& Repeat 1&
3& Repeat 1&
4 Make 1/8 turn left stepping R forward (9.00)

**** Optional arms for count 1&2&3&4: lift L arm up, take R arm down to right side 45°. Turn your wrists like you are turning light bulbs in the air.**

5& Point L ball out to left side with hip bump to left side, make 1/8 turn right with hip bump to right side

**** Optional arms: with elbows bent, swing forearms to left side(5), swing forearms to right side(&)**

6& Repeat 5&
7& Repeat 5&
8 Make 1/8 turn right stepping L forward (3.00)

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