

Music To My Soul

COPPERKNOB
STEPSHEETS

拍数: 80 墙数: 2 级数: Intermediate
编舞者: Solveig Jallut (FR) & Alain Cristofol (FR) - November 2015
音乐: Music To My Soul - CeeLo Green



Line dance 80 counts, 2 walls, level intermédiaire, 1 TAG
Choréographe : Solveig Jallut & Alain Cristofol [11/2015]
Music: Music to my soul / CeeLo Green
Intro 8 counts

[1 – 8] STEP R, STEP L, ANCHOR STEP, ½ TURN L, ½ TURN L, SAILOR STEP ¼ TURN L

1-2-3&4 Walk fwd R, walk fwd L, step R on place, step L on place, step R back
5-6 ½ turn L step L fwd, ½ turn L step R back
7&8 Step L behind R ¼ turn L, step R next to L, step L to L side

[9 – 16] KICK BALL CROSS, & CROSS, & CROSS, UNWIND ½ TURN R, SHUFFLE FWD

1&2 R kick fwd, R step together, L cross in front of R
&3&4 R step together, L cross in front of R, R step together, L cross in front of R
5-6-7&8 Point R behind, ½ turn R, step L fwd, step R together, step L fwd

[17 – 24] KICK R, & POINT L, & POINT R, HITCH, POINT R, & POINT L, ¼ TURN R, SHUFFLE BACK

1&2 R kick fwd, R step together, point L to L side
&3&4 Step L next to R, point R to R side, hitch R, point R to R side
&5-6 Step R next to L, point L to L side, ¼ turn R
7&8 Step R back, step L together, step R back

[25 – 32] ¼ TURN L STEP SIDE, CROSS, ¼ TURN R, ¼ TURN R, CROSS, PRESS, FULL TURN L

&1-2 ¼ turn L step L to L side, cross R over L, ¼ turn R step L back
3-4 ¼ turn R step R to R side, cross L over R
5-6 R press to R on ball of R, recovering onto L making ¼ turn L
7-8 ½ turn L step R back, ½ turn L step L fwd

[33 – 40] ¼ TURN L STEP R SIDE, CROSS L BEHIND, ¼ TURN R SHUFFLE FWD, STEP L, STEP R, STEP TURN STEP

1-2-3&4 ¼ turn L step R to R side, cross L behind, ¼ turn R step R fwd, step L together, step R fwd
5-6-7&8 Step fwd on L, step Fwd on R, step Fwd on L, ½ pivot turn R, step fwd on L

[41 – 48] STEP R, STEP L, STEP TURN STEP, SKATE L, SKATE R, SKATE L, TOUCH R

1-2-3 & 4 Step fwd on R, step fwd on L, step fwd on R, ½ pivot turn L, step fwd on R
5-6 Skate on L fwd to L diagonal, skate on R fwd to R diagonal
7-8 Skate on L fwd to L diagonal, touch R toe beside L

[49 – 56] STEP R SIDE, TOGETHER, SHUFFLE R SIDE, ROCK STEP CROSS, SAILOR STEP ¾ TURN L

1-2-3&4 Step R to R side, step L together, step R to R side, step L together, step R to R side
5-6 Cross L over R, recover on L
7&8 Step L behind R ¼ turn, step R next to L, ½ turn L step L fwd

[57 – 64] STEP R SIDE, ¼ TURN L STEP BACK, COASTER STEP, STEP L FWD WITH SWAY, SWAY R, SWAY L, TOUCH

1-2-3&4 Step R to R side, ¼ turn L step L back, Step R backwards, step L next to R, step R fwd
5-6 Step L and sway L to L side, sway R to R side,
7-8 Sway L to L side, touch R toe beside L

[65 – 72] STEP R SIDE, TOGETHER, SHUFFLE FWD, STEP L SIDE, TOGETHER, SHUFFLE BACK

1-2-3&4 Step R to R side, step L together, step R fwd, step L together, step R fwd

5-6-7&8 Step l to L side step, step R together, L back, step R together, step L back

[73 – 80] SWEEP R STEP BACK, SWEEP L STEP BACK, COASTER STEP, STEP L FWD, STEP R FWD, KICK BALL TOUCH

1 Sweeping R from front to back and R back

2 Sweeping L from front to back and L back

3&4 Step R backwards, step L next to R, step R fwd

5-6-7&8 Step fwd on L, step Fwd on R, L kick fwd , L step together, touch R toe beside L

TAG : AT THE END OF WALL 3 RESTART THE DANCE FROM COUNT 49

FINAL : STEP TURN L, TOUCH

1-2-3 Step R fwd, ½ turn L, touch R toe beside L

BONNE DANSE

Thank you very much

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