

Act Naturally

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Mike Ennis (UK) - December 2015
音乐: Act Naturally - Ringo Starr



SECTION 1 (1-8) HEEL, TOE, HEEL, TOE, WEAVE RIGHT

1-2 RF forward on heal, RF back on toe
3-4 RF forward on heal, RF back on toe
5-6 RF step right side, left step behind RF
7-8 RF cross in front of LF, LF touch

SECTION 2 (1-8) HEEL, TOE, HEEL, TOE, WEAVE LEFT

1-2 LF forward on heal, LF back on toe
3-4 LF forward on heal, LF back on toe
5-6 LF step left side, right step behind LF
7-8 LF cross in front of RF, RF touch

SECTION 3 (1-8) JAZZ BOX, STEP TOUCH BACK

1-2 RF cross in front of LF, LF step back
3-4 RF step to side of LF, LF step on the spot
5-6 RF step back, LF touch
7-8 LF step back, RF touch

SECTION 4 (1-8) WALK FORWARD, KICK, WALK BACK, TOUCH

1-2 RF forward, LF forward
3-4 RF forward, LF kick
5-6 LF back, RF back
7-8 LF back (1/4 turn), RF touch

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