

Everything to Us

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Roy Verdonk (NL) & Niels Poulsen (DK) - December 2015
音乐: Everything To Me - Shane Filan : (iTunes)



Intro: 8 counts from first beat in music (app. 4 secs. into track). Weight on L foot

Restart: During wall 4 (starts facing 9:00), after 12 counts, facing 12:00.

[1 – 8] □ R and L Dorothy steps, R jazz box with cross □

- 1 – 2& Step R diagonally fwd (1), lock L behind R (2), step R a small step diagonally fw R (&) □ 12:00
3 – 4& Step L diagonally fwd (3), lock R behind L (4), step L a small step diagonally fw L (&) □ 12:00
5 – 8 Cross R over L (5), step back on L (6), step R to R side (7), cross L over R (8) □ 12:00

[9 – 16] □ Rock ¼ L, R kick ball step, R rock fwd, R shuffle back □

- 1 – 2 Rock R to R side (1), turn ¼ L when recovering to L (2) □ 9:00
3&4 Kick R fwd (3), step R next to L (&), step fwd on L (4) * Restart on wall 4 (facing 12:00) □ 9:00
5 – 6 Rock fwd on R (5), recover back on L foot (6) □ 9:00
7&8 Step back on R (7), step L next to R (&), step back on R (8) □ 9:00

[17 – 24] □ L back rock, shuffle ½ R, back R, hook & touch L across R, L shuffle fwd □

- 1 – 2 Rock back on L (1), recover fwd to R (2) □ 9:00
3&4 Turn ¼ R stepping L to L side (3), step R next to L (&), turn ¼ R stepping back on L (4) □ 3:00
5 – 6 Step back on R (5), hook L heel in front or R leg touching L toes into floor (6) □ 3:00
7&8 Step fwd on L (7), step R behind L (&), step fwd on L (8) □ 3:00

[25 – 32] □ R & L toe struts with hip bumps, step ½ L, walk R & L □

- 1&2 Point R toes fwd bumping R hips fwd (1), bump hips back (&), step down on R foot (2) □ 3:00
3&4 Point L toes fwd bumping L hips fwd (3), bump hips back (&), step down on L foot (4) □ 3:00
5 – 6 Step fwd on R (5), turn ½ L onto L foot (6) □ 9:00
7 – 8 Walk R fwd (7), walk L fwd (8) □ 9:00

Start again

Ending □ The dance automatically finishes at 12:00. Wall 12 is your last wall (start facing 3:00). Do up to count 8.

Then, when doing your rock ¼ L the music finishes - □ 12:00

Contacts:

- royverdonkdancers@gmail.com
- niels@love-to-dance.dk

Submitted by - Lieke de Leeuw-Nobelen: leeuw.nobelen@gmail.com