

Ain't Nobody

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Rémi Lemaire (FR) - December 2015
音乐: Ain't Nobody (Loves Me Better) (feat. Jasmine Thompson) - Felix Jaehn



Note : No Tag, No Restart

[1-8] □ SYNCOPATED BUMP – SWEEP ¼ TURN – CROSS OVER – SIDE – BEHIND SIDE CROSS

1-4 Step R on R side with Bump (1), Bump on L (2), Bump on R (&), Bump on L (3), Step R in ¼ turn to R with sweep on L foot (4)
5-6 Cross L over R, Step R to R side
7&8 Cross L behind R, Step R to R side, Cross L over R

[9-16] □ BALL ROCK STEP DIAGONAL FWD – HALF TURN – STEP FWD – LOCK STEP - STEP FWD – LOCK STEP – ROCK FWD

&1-2 Step R to R side (&), Cross Rock Step L in diagonal (1-2)
3-4 Pivot ½ turn to L with L foot forward, step forward on R (Face 11.00)
5&6 Cross L behind R (5), Step forward on R (&), Step forward on L (6) (Face 11.00)
&7& Cross R behind L (&), Step forward on L (7) Step forward on R (&)(Face 11.00)
8& Rock forward on L (8), Recover on R (&)

[17-24] STEP BACK SWEEP TWICE – BEHIND SIDE CROSS – SODE ROCK – FULL TURN

1 Step back on L and sweep back on R foot
2 Step back on R and sweep back on L foot
3&4 Cross L behind R (3), Step R to R side (&), Cross R over L (4) (facing 12.00)
5-6 Side Rock R to R side
7-8 Make ½ turn to R and step R to R side (7), Make ½ turn to R and Step L to L side (8)

[25-32] □ SAILOR HEEL TWICE – BACK TWICE – FUNKY WALK BACK

1&2 Sailor Step R (finish with your L heel)
3&4 Sailor Step L (finish with your R heel)
5 Pushing off on L foot and step back on R foot
6 Pushing off on R foot and step back on L foot
7&8 Pushing off on L foot and step back on R foot (7) Pushing off on R foot and step back on L foot (&) Pushing off on L foot and step back on R foot (8)

[30-40] □ ROCK BACK – FULL TURN FWD – ROCK FWD – KICK ¼ TURN BALL TOUCH

1-2 Rock back on L foot (1), Recover (2)
3-4 Full turn forward
5-6 Rock Step L forward (5), Recover (6)
7&8 Kick L forward in ¼ turn to L (7), Step L next to R (&), Touch R to R side (8)

[41-48] □ STEP SWEEP ¼ TURN – CROSS OVER – TRIPLE STEP – JAZZ BOX ¼ TURN

1-2 Step R forward in ¼ turn to R and make a sweep on L foot (1), Cross L over R (2)
3&4 Triple step R to R side
5-8 Jazz box L in ¼ turn to L, Finish R next to L

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