Send My Love

级数: Easy Intermediate

编舞者: Maryloo (FR) - December 2015

墙数:4

音乐: Send My Love by Adele

Section 1 – DOROTHY STEPS FORWARD (R.L.R.L.) Step R forward to R diagonal. lock L behind R, step R forward to R diagonal. 1-2& 3-4& Step L forward to L diagonal. lock R behind L, step L forward to L diagonal. 5-6& Step R forward to R diagonal. lock L behind R, step R forward to R diagonal. 7-8& Step L forward to L diagonal. lock R behind L, step L forward to L diagonal. Section 2 – MAMBO FORWARD, SWEEP L, LOCK STEP BACK L, SWEEP R, LOCK STEP BACK L, SWEEP L, BEHIND, SIDE, CROSS, STEP R SIDE 1&2 Rock forward on R, recover on L, step R back sweeping L from front to back 3&4 Step L back, lock R over L, step L back sweeping R from front to back 5&6 Step R back, lock L over L, step R back sweeping L from front to back 7&8& Step L behind R, step R to side, step L over R, step R to side Section 3 - SYNCOPATED CROSS ROCKS (3X), SAILOR 1/2 TURN L, 1-2& Cross /rock L over R, recover on R, step L to side 3-4& Cross/rock R over L, recover on L, step R to side 5-6 Cross /rock L over R, recover on R 7&8 Step L behind R, ¼ turn L stepping R to side, ¼ turn L stepping L forward (6.00) RESTART here on the 3th wall (12.00) Section 4 – SWAYS (R.L.), SHUFFLE R SIDE, SYNCOPATED JAZZ BOX CROSS, PIVOT ¼ TURN L 1-2 Rock R side and sway R, recover to L and sway L 3&4 Step R to side, step L next to R, step R to side 5-6&7 Cross L over R, step R back, step L to side, cross R over L Pivot ¹/₄ turn L on the two balls (weight ending on L) (3.00) 8 RESTART : On the 3th wall which begins at 6 o'clock, Restart after 24 counts (12.00) NOTE : At the end of the 7th wall, the music stops one moment: continue the dance normally \Box

ENDING : A the end, you are facing 6 o'clock. You make a Unwind ½ turn to L to finish facing 12 o'clock





拍数: 32

Intro: 16 counts