

Shake It Off

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Natsuco Grace (JP) - December 2015
音乐: Shake It Off - Taylor Swift



Toe Strut Walk x4(R-L-R-L)

1-8 R Toe strut, L toe strut, R toe strut, L toe strut

Right Jazz Box, Cross, Right Vine, Stomp

1-4 Step R cross over L, Step back L on R, step R to right, step L cross over R,

5-8 Step R to right, step L behind R, step R to side, Stomp L side,

Open Stance Swivel, Hold, Bump x4 (R-R-L-L)

1-4 Moving to left swivel (heels, toes, heels), hold,

5-8 Bump R-R-L-L

Out, Hold, In, Hold, 1/4 L Turn, Out, Hold, In, Hold

&1-2 Step R out to right side, Step L out to left, hold,

&3-4 Step R in, Step L in, hold,

&5-6 Turning 1/4 left and step R out to right side, Step L out to left, hold,

&7-8 Step R in, Step L in, hold,

Start Again!

Tag: At end of wall 12(12:00), following 8 count x 4 plus 8 count hold and Restart from the beginning

1-4 R side, together, side, touch & crap,

5-8 L side together, side, touch & crap, (Option: L Rolling Vine)

Have fun!

Contact: - <http://www.dancingtexas.com/index-e.html> - dancingtexas@hotmail.com