Keep Your Head Up



拍数: 32 墙数: 4 级数: Easy Intermediate

编舞者: Jackie Nuzzo (USA) - November 2015 音乐: Keep Your Head Up - Andy Grammer



WALK, WALK, RUN, RUN, RUN, MAMBO STEP, SAILOR 1/4 RIGHT

1-2	Step forward right, step forward lef
1-2	Step forward fiditi. Step forward fer

Step forward right, step forward left, step forward right
 Rock step forward on left, recover on right, step left in place

7&8 Step right behind left, step left to left side making a 1/4 turn right, step on right

SYNCOPATED WEAVE, SIDE, DRAG, TOUCH OUT, IN, OUT

1-2	Cross left foot of	ver right, step	right foot to side
1-4		vei Hulli, sieb	Hulli loot to side

3&4 Step left foot behind right, step right foot to side, cross left over right

5-6 Big step to right with right foot, drag left next to right foot, (weight on right ft.)

7&8 Touch left toe out to side, next to right foot, out to side

1/4 TURN LEFT 2X, COASTER, WIZARD STEPS

1-2	Turn 1/4 left stepping on left, turn 1/4 turn left stepping on right
3&4	Step back on left, step right next to left, step left foot forward
5-6&	Step diagonally forward with right, slide left behind, step on right
7-8&	Step diagonally forward with left, slide right behind, step on left

JAZZ BOX WITH 1/4 TURN RIGHT 2X

1-2	Cross right over	left, step left back

3-4 Turn 1/4 right with right, step together with left

5-6 Cross right over left, step left back

7-8 Turn 1/4 right with right, step together with left

TAG: 16 COUNT TAG This is done twice, the first time at the end of wall 1 and the next time at the end of wall 3

TWO HALF TURN PIVOTS, MAMBO, COASTER

3-4	Step forward with right, pivot 1/2 turn	n left
1-2	Step forward with right, pivot 1/2 turi	nieit

Rock step forward on right, recover left, step right in place
Step back on left foot, step right next to left, step left forward

GRAPEVINE RIGHT, TURNING GRAPEVINE LEFT

1-2	Step right foot right, step left foot behind right
3-4	Step right foot right, touch left foot next to right
5-6	Step left foot 1/4 turn left, step back 1/2 turn on right

7-8 Continuing left turn step on left 1/4 turn, touch right next to left

Contact: jaleedance@yahoo.com